

abate	to gradually become less serious or extreme (about pain)	calmare
abdomen	the part of the body cavity below the chest from which it is separated by diaphragm	addome
abdominal	in, or happening in, the abdomen	addominale
abnormal	not usual or typical, especially in a way that is worrying or shows that there may be something wrong or harmful	anormale
abortion	a medical operation in which a developing baby is removed from a woman's body so that it is not born alive	aborto
abrasion	an injured area of skin on the body, caused by the skin rubbing hard against something	abrasione
abrupt	sudden and unexpected, often in an unpleasant way	brusco
abscess	a collection of pus enclosed by damaged and inflamed tissues	ascesso
absorb	to take in a gas, liquid, or other substance	assorbire
accelerate	to happen or make something happen at a faster rate	accelerare
accident	a sudden event, usually caused by someone making a mistake, that results in damage, injury, or death	incidente
accompany	1. to happen or exist while something else is happening; 2. to be with	accompagnare
accumulation	the process by which something increases in amount or is collected together over time	accumulo
ache	a pain that is continuous and unpleasant, but usually not very strong	dolore
acidity	a medical condition in which the liquid in the stomach becomes too acid and makes one feel uncomfortable	acidità
acidosis	an abnormal condition in the body, often due to faulty metabolism in which excessive acid, or loss of alkali, lowers the level of Ph of the blood and the tissue	acidosi
acne	a common inflammatory disorder of the sebaceous glands. It involves the face, back, and chest and is characterized by the	acne
acute	used for describing pain that is very strong and sharp	acuto
adapt	to change something to make it more suitable for a new use or situation	adattare

addiction	a state of dependence produced by the habitual taking of drugs	dipendenza
addictive	if a drug is addictive, people want to take it more and more and then find that they cannot stop taking it	che provoca dipendenza
additional	extra, and often more than expected	addizionale
adenitis	inflammation of one or more glands or lymph nodes	adenite
adenoids	pieces of soft flesh between the back of the throat and the nose that sometimes become swollen and have to be removed	adenoidi
adenoma	a benign tumor of glandular origin or with a glandlike cell arrangement	adenoma
adequate	good enough or large enough for a particular purpose	adeguato
adhesion	1. the union of two normally separate surfaces by fibrous connective tissue developing in an inflamed or damaged	adesione
adipose	adipose tissue is used for storing fat	adiposo
adjustment	a change in something that makes it better, more accurate, or more effective	aggiustamento
administer medicine	to give someone a drug or medical treatment	somministrare medicine
admission (to a hospital)	the process of accepting someone (into a hospital)	ricovero (in ospedale)
admit (to)	to take someone into hospital for medical treatment	ricoverare (in ospedale)
adolescent	a boy or girl who is changing into a young man or woman	adolescente
adrenal gland	one of two small organs above the kidneys that produce adrenalin	ghiandola surrenale
adrenaline	a chemical produced by the adrenal glands that makes the heart beat faster and gives more energy when a person is	adrenalina
adult	someone who is no longer a child and is legally responsible for their actions	adulto

adverse	negative, unpleasant, or harmful	avverso
advice	an opinion that someone gives you about the best thing to do in a particular situation	consiglio
aerobic	using oxygen	aerobico
aerosol	a suspension of extremely small liquid or solid particles in the air. Drugs in aerosol form may be administered by inhalation	aerosol
aetiology	the cause of a disease	eziologia
affliction	an illness	malattia
age	the number of years that someone has lived	età
aggravation	the process of making a situation or medical condition worse	aggravamento
aggressive	behaving in an angry or rude way that shows you want to fight, attack, or argue with someone	aggressivo
agitation	a feeling of being worried or upset	agitazione
agonist	1.(prime mover) a muscle whose active contraction causes movement of a part of the body; 2. a drug or other substance	agonista
aid	help	aiuto
AIDS	a syndrome caused by the human immune B67deficiency virus (HIV), which destroys a subgroup of lymphocytes, resulting in suppression of the body's immune response	AIDS - Sindrome da Immunodeficienza Acquisita
ailment	an illness, usually not a serious one	malattia lieve
aim	the thing that you hope to achieve by doing something	obiettivo
airtight	not allowing air to enter or leave	ermetico
alarming temperature	very high temperature when one should be extremely worried about the patient's condition	temperatura allarmante
albumin	a protein that is in the white part of an egg, in milk, and in blood plasma	albumina
alcohol	1.drinks such as wine and beer that can make people drunk; 2. the substance in drinks such as wine and beer that makes one drunk; 3.a similar substance that is found in chemicals and medicines	1. bevande alcoliche 2.alcool 3.spirito

alcoholism	a medical condition that makes it difficult for you to control the amount of alcohol you drink	alcolismo
alert	able to think in a clear and intelligent way	vigile, all'erta
alimentary canal	the long tube in the body that carries food from your mouth through the stomach to the anus	canale alimentare
allergy	a disorder in which the body becomes hypersensitive to particular antigens, which provoke characteristic symptoms whenever they are subsequently encountered	allergia
alopecia	hair loss	alopecia
alternative medicine	see: complementary medicine.	medicina alternativa
ambulance	a vehicle for taking people to hospital	ambulanza
amenorrhoea	lack of periods	amenorroea
amnesia	total or partial loss of memory following physical injury, disease, drugs or psychological trauma	amnesia
amount	a quantity of something	quantità
anabolic steroid	a drug that increases muscles, used illegally by some sports people to make themselves stronger	steroidi anabolizzanti
anaemia	a medical condition in which blood contains too few red blood cells	anemia
anaerobic	living or happening without oxygen from the air	anaerobico
anaesthetic	a drug or gas that is given to someone before a medical operation to stop them feeling pain	anestetico
anal	relating to the anus	anale
analagous	similar to another situation, process etc. B85 so that the same things are true of or relevant to both	analogo
analgesic	a drug that reduces pain	analgesico
analysis	a process of studying or examining something in detail in order to understand it or explain it	analisi
anamnesis	the case history of a patient	anamnesi
anatomical theatre	a place where bodies of dead people are cut into parts in order to examine them	sala per autopsie
anatomy	the study of the structure of living organisms. In medicine it refers to the study of the form and gross structure of the various parts of the human body	anatomia

androgen	one of a group of steroid hormones, including testosterone, androsterone, that stimulate the development of male sex organs and male secondary sexual characteristics	androgeno
aneurysm	swelling in the artery	aneurisma
angina	sense of suffocation or suffocating pain. Angina pectoris - pain in the centre of the chest, which is induced by exercise and relieved by rest and may spread to the jaws and arms. It occurs when the demand for blood by the heart exceeds the supply of the coronary arteries.	angina
angle	the position of the fetus in the uterus at the time of the delivery	angolo
ankle	1.the hinge joint between the leg and the foot; 2. the whole region of the ankle joint	caviglia
anomaly	any deviation from the normal, especially a congenital or developmental effect	anomalia
anorexia nervosa	a psychological illness, most common in female adolescents, in which the patients starve themselves or use other techniques, such as vomiting or taking laxatives, to induce weight loss	anoressia
anorexic	1 suffering from anorexia 2. informal: extremely thin	anoressico
antagonist	1.a muscle whose action (contraction) opposes that of another muscle; 2. a drug or other substance with opposite action to that of another drug or natural body	antagonista
antecedent	forerunner	antecedente
anterior	near the front of a part of your body	anteriore
anthrax	a very serious illness affecting cows and sheep and sometimes people. Anthrax is sometimes used in biological warfare	antrace
antibiotic	a drug that cures illnesses and infections caused by bacteria. Antibiotics are used to treat infections caused by organisms that are sensitive to them, usually bacteria or fungi.	antibiotico

antibody	a substance that your body produces in your blood to fight illnesses and infections. Antibodies are an important part of the immune system that protects your body against disease	anticorpo
anticoagulant	a substance that prevents blood from coagulating (=becoming more solid)	anticoagulante
antidepressant	a drug used for alleviating symptoms of depression	antidepressivo
antidote	a substance that prevents a poison from having bad effects	antidoto
antigen	a foreign harmful substance that causes your body to produce antibodies to fight it	antigeno
antihistamine	a drug used to treat an allergy	antistaminico
anti-inflammatory	a drug taken to reduce inflammation (=swelling, heat, and pain)	antinfiammatorio
antitussive	reducing the severity of coughing	antitossivo
antiviral	used for virus treatment	antivirale
anus	the opening at the lower end of the alimentary canal, through which faeces are discharged	ano
anxiety	a general pervasive fear	ansia
aorta	the main artery that carries blood from the heart to other parts of the body	aorta
apathy	a feeling of having no interest in or enthusiasm about anything, or of not being willing to make any effort to change things	apatia
apnoea	temporary cessation of breathing from any cause, formally defined as a reduction in nasal air flow to less than 30% of normal for more than 10 seconds	apnea
apparatus	the machines, tools, and equipment needed for doing something, especially something technical or scientific	apparato
appendicitis	an illness in which the appendix becomes infected and has to be removed in a medical operation	appendicite
appendix	a small tube that is joined to the large intestine. It has no particular use and is removed in a medical operation if it becomes infected	appendice
appetite	the natural feeling of wanting to eat	appetito

applicator	any device used to apply medication or treatment to a particular part of the body	applicatore
apron, protective	an apron providing protection against something harmful or dangerous	camice protettivo
aqueous	watery	acquoso
arch	the curved part on the bottom of the foot	arco
area	a place on the surface of something such as a part of the body	area
arm	one of the two long parts of the body with the hands at the end	braccio
armpit	the part of the body under the arm, where the arm joins the shoulder	ascella
arteriosclerosis	a serious medical condition in which the sides of the arteries	arteriosclerosi
artery	one of the tubes in the body that carries blood from the heart to the rest of your body	arteria
articulation	the point or type of contact between two bones: joint	articolazione
artificial respiration	the process of forcing air into the lungs of a person who has stopped breathing by blowing into their mouth or nose in order to make them start breathing again: kiss of life	respirazione artificiale
aseptic	not infected with bacteria, or preventing infection from bacteria	asettico
asphyxia	suffocation: a life-threatening condition in which oxygen is prevented from reaching the tissues by obstruction of or damage to any part of respiratory system	asfissia
aspirin	a widely used drug that relieves pain and also reduces inflammation and fever	aspirina
assessment	the first stage of the nursing process in which data about the patient's health status is collected and from which a nursing care plan may be devised	valutazione
assistive listening device	a device for assisting those with hearing difficulties, such as an amplified telephone, a door bell with a visible alarm or a vibrating alarm clock	ausilio per ipo-udenti
asthma	a medical condition that makes it difficult to breathe	asma
astringent	an astringent substance or liquid that makes the skin drier or helps to stop a cut from bleeding	astringente

ataxia	muscle discordination	atassia
atrium	each of the two upper spaces in the heart, which force blood into the ventricles (=lower spaces)	atrio
attendant	someone whose job is to look after an ill person	badante
auscultate	to examine by auscultation	auscultare
auscultation	listening, often with the aid of a sthetoscope, to sounds in the chest, abdomen, etc. so as to determine the condition of the heart, lungs etc.	auscultazione
avoid	try to prevent something from happening	evitare
axillary temperature	body temperature measured in one's armpit	temperatura ascellare
bacillus	a type of bacteria with a long straight shape, some of which cause diseases	bacillo
back	the part of the human body between the neck and the bottom, on the opposite side to the chest and stomach	schiena
back of the head	the rear part of the head	parte posteriore della testa
back passage	anus	ano
backache	pain in your back	mal di schiena
backbone	the flexible bony column, extending from the base of the skull to the small of the back, that encloses and protects the spinal cord	spina dorsale
bacteria	a group of microorganisms all of which lack a distinct nuclear membrane and most of which have a cell wall of unique composition. Some types of bacteria cause diseases by producing poisons	batteri
bad pain	strong pain	dolore forte
bald	with little or no hair on your head	calvo
bald spot	an area on the hairy part of the body without hair	area senza peli (in parti del corpo dove normalmente ci sono)
bandage	a piece of material, in the form of a pad or a strip, applied to a wound or bound around an injured or diseased part of the body	benda
barrier nursing	an approach that isolates the patient in infectious diseases	assistenza in isolamento alle persone colpite da malattie infettive
bath	the process of washing yourself or someone else in a bath, a large open container for liquid that has a particular use, or the liquid in the container	bagno (vasca)

be ill with	to be not healthy, because of a medical condition or an injury. American usually: sick	essere malato di
bed-clothes	sheets and covers, especially when they are being used on a bed	biancheria e coperte da letto
bedding	the sheets and covers that are used on a bed	biancheria e coperte da letto
bedpan	a wide flat container used as a toilet by people who are too ill to get out of bed	padella/pappagallo
bed-side table	a small table next to the bed	tavolino vicino al letto
bedsore	a red painful area on one's skin from lying in one position in bed for a long time	piaghe da decubito
bedwetting	the problem of urinating during sleep	eneuresi - bagnare il letto
belly	the abdomen or the abdominal cavity	pancia
belly button	a person's navel	ombelico
benign	describing a tumour that is not cancerous	benigno
biceps	the muscle with two heads	bicipiti
bile	a green-brown liquid that is made in the liver and helps to digest fats	bile
biliary	relating to or affecting the bile or the bile duct	biliare
biliary calculus	a small hard mass that can form in the gall bladder	calcolo biliare
biliary cirrhosis	a serious disease of the liver, often caused by drinking too much alcohol	cirrosi epatica
biochemistry	the study of chemical processes that occur in living things	biochimica
biology	the scientific study of living things: the natural processes that control how a living thing lives, the animals and plants found in a particular area	biologia
biopsy	the removal of a small piece of living tissue from an organ or part of the body for microscopic examination	biopsia
birth control	the practice of avoiding becoming pregnant or the methods used for this: contraception	controllo delle nascite
bitter	something that is bitter has a strong sharp taste that is not sweet	amaro
blackhead	a small black spot on the skin, caused by dirt or oil blocking a pore	punto nero
bladder washout	a nursing procedure to wash out debris from the bladder	lavaggio della vescica

blanket	a thick cover made of wool or another material that you use to keep warm in bed	coperta
blind	unable to see. Some people prefer to use the expression visually impaired to talk about blind people	non vedente/cieco
blister	a swollen area on the skin that is full of a clear liquid and is caused by being burned or rubbed	vescichetta, bolla
blood	a fluid that circulates throughout the body, via the arteries and veins, providing a vehicle by which an immense variety of different substances are transported between the various organs and tissues	sangue
blood bank	a place where blood is stored so that it can be given to people during medical operations	banca del sangue
blood chemistry test	a medical test in which a small amount of blood is taken from someone and tested to see if it shows any disease, drugs etc. in the body	analisi del sangue
blood circulation	the continuous movement of blood around the body	circolazione sanguigna
blood clot	trombus; a lump consisting of blood or another liquid that has become thick	coagulo di sangue
blood count	the number of red or white cells in blood, or a test to measure this, for example in order to find out the state of one's immune system	conteggio dei globuli/emocromo
blood donor	someone who allows some of their blood to be taken from them so that it can be used in the medical treatment of someone else	donatore di sangue
blood group	one of the groups that human blood can be divided into. The four main groups are A, B, AB, and O	gruppo sanguigno
blood poisoning	a serious illness caused by an infection in blood	setticemia
blood pressure	the pressure at which blood flows from the heart around the body. Blood pressure that is either very high or very low can be dangerous to one's health	pressione sanguigna
blood profile	an analysis of a blood specimen for levels of Na, K, Ca, etc.	esame del sangue/ conteggio dei globuli completo
blood sugar	sugars such as glucose that are present in healthy blood	glucosio presente nel sangue
blood transfusion	a medical treatment in which blood from another person is put into someone's body, for example, if they have lost a lot of blood from an injury	trasfusione sanguigna

blood type	one of the groups that human blood can be divided into. The four main groups are A, B, AB, and O	gruppo sanguigno
bloodless	1.without giving someone blood during a medical operation, 2.lacking emotion, energy, or effectiveness, 3.a bloodless face or skin is very pale	1.senza trasfusione2.privo di emozioni ed energia3. pallido
bloodshot	reddened as a result of locally congested blood vessels; inflamed; 'bloodshot eyes'	arrossamento (dell'occhio)
blood-vessel	a tube that carries blood around your body, such as a vein or artery	vaso sanguigno
blurred vision	being difficult to see clearly, or causing difficulty in seeing something clearly	visione offuscata
body	the whole physical structure of a person or animal, including the head, arms, and legs	corpo
boil	a tender inflamed area of the skin containing pus	foruncolo/bolla
bone	the hard extremely dense connective tissue that forms the skeleton of the body	osso
bottom	the part of the body that one sits on	sedere
bowel	the part of the body where faeces (=solid waste) are formed	intestino
bowel movement	the action of getting rid of solid waste from the body, or the solid waste itself	andare di corpo
brain	the enlarged and highly developed mass of nervous tissue that forms the upper end of the central nervous system	cervello
breast	the mammary gland of a woman: one of the two compound glands that produce milk	seno/mammella
breastbone	the flat bone in the middle of the chest	sterno
breath	the air that goes in and out of the body through the nose or mouth	fiato/respiro
breathe	the alternation of active inhalation of air into the lungs through the nose or mouth with the passive exhalation of the air	respirare
breathless	shortness of breath	senza fiato
bronchial	involving or related to the bronchial tubes: bronchial pneumonia	bronchiale

bronchial tubes	one of the tubes in the chest through which air goes into the lungs	bronchi
bronchitis	an illness affecting the bronchial tubes in which you a person coughs and finds breathing difficult	bronchite
bronchoscope	a slender tubular instrument with a small electric light, for examining and treating the inside of the windpipe of the bronchi, or for removing foreign bodies from them	broncoscopio
bruising	injury to the skin causing discolouration	lividi
buccal	toward the inside of the cheek; 'the buccal aspect of the gum' , lying within the mouth; 'a buccal gland'	buccale
build	the size and shape of someone's body	costituzione
burn	an injury that you get when something burns your skin	ustione
burning pain	painful, and feeling as if a part of your body is touching something hot	dolore simile ad un bruciore
buttocks	either of the two fleshy protuberances at the lower posterior section of the trunk, consisting of muscles and fat: anat.natis	natiche
bypass	shunt; a medical operation to make someone's blood flow past a blocked or damaged part of their heart rather than through it	bypass
caesarean section	a medical operation in which a baby is born by being removed from a woman's body through a cut made in her abdomen, because the baby cannot be born in the normal way	parto cesareo
calf	the thick back part of the leg between the knee and the ankle	polpaccio
cancer	a serious illness caused by a group of cells in the body increasing in an uncontrolled way.	cancro
capillary	a very small tube that carries blood around the body. Capillaries are a type of blood vessel.	capillare
car crash	if a moving vehicle crashes, it hits something, causing damage	incidente automobilistico
carbohydrate	a substance found in foods such as sugar, bread, and potatoes. Carbohydrates supply one's body with heat and energy	carboidrato
carcinogen	a substance that can cause cancer	cancerogeno

carcinoma	any of several kinds of cancerous growths deriving from epithelial cells	carcinoma
cardiac	relating to, or affecting the heart	cardiaco
cardiac arrest	an occasion when the heart is unable to maintain an adequate blood pressure for survival	arresto cardiaco
cardiovascular	relating to, or affecting the heart and blood vessels	cardiovascolare
care	the activity, skill, or profession of looking after someone who needs help or protection	cura
care plan	a plan of action based on information gained by assessment stating the patient's problem(s), the objective, the goal or expected outcome, the nursing intervention, and the time or date by which the objective is expected to be achieved	piano di cura
carotid pulse	a pulse wave in the carotid artery in the neck	pulsazioni carotidee
carry	to hold someone or something using your hands, arms, or body and take them somewhere	portare (fisicamente)
carry out	to do a particular piece of work, research etc	eseguire
cartilage	a substance similar to bone that surrounds the joints (=places where two bones meet)	cartilagine
case	1a. an instance of a disease: 1b. a person with a disease:	caso
case history	the details of someone's past illnesses or problems that are kept as a record for use by doctors or social workers	Anamnesi/storia clinica o documentazione casistica
cast	a hard cover for protecting a broken or injured part of the body, such as an arm or leg, while it is getting better	gesso
casualty	someone who is injured or killed in an accident or military action	vittima di incidenti (o azioni militari)
catgut	strong string or thread made from animals' intestines and used for surgical sutures	filo per suture
catheter	a hollow, flexible tube inserted into a hollow organ e.g. bladder	catetere
catheterise	to put a catheter into a part of someone's body	caterizzare
causative agent	something that causes an illness	agente causativo
cause	used about something that makes an illness start	causa
cause a disease	to make an illness start	causare una malattia

cauterize	to close a cut by using a hot instrument in order to prevent infection or to stop blood flowing out	cauterizzare
caution	1.careful thought and lack of hurry in order to try to avoid risks or danger; 2.a warning that you should be careful	attenzione
cavity	1.a hollow enclosed area; e.g., the abdominal cavity or the buccal cavity (mouth); 2. the hole in a tooth caused by caries or abrasion or formed by a dentist to retain a filling	cavità/buco
cell	the smallest part of a living structure that can operate as an independent unit	cellula
cellulitis	small lumps of fat just below the skin, especially on the upper legs	cellulite
centrifuge	a machine that uses centrifugal force to separate heavier substances from lighter ones by spinning them round in a container	centrifuga
cerebellum	the part of the brain that is responsible for balance and movement	cervelletto
cerebral	relating to or affecting your brain	celebrale
cerebral concussion, commotion	a condition of impaired functioning of brain as a result of violent blow or impact	commozione celebrale
cerebral palsy	a medical condition affecting someone's control over their movement and speech, usually caused by damage to the brain before or during birth	paralisi celebrale
certificate	an official document or record stating that particular facts are true	certificato
cervix	the entrance to the womb	cervice
change clothes	put on different clothes	cambiare vestiti
change drugs	use different medicine	cambiare le medicine
change eating patterns	alter one's eating habits	cambiare le abitudini alimentari
change lifestyle	adopt healthy way of living, stop bad habits	cambiare stile di vita
change treatment	use different therapy	cambiare trattamento
characterize	to be a typical quality or feature of someone or something	caratterizzare
check	to examine something in order to find out whether it is how it should be (e.g. blood pressure)	controllare

cheek	the soft part on each side of the face below the eyes	guancia
chemist	a shop that sells medicines, beauty products, and toiletries, someone who works in a chemist's shop preparing and selling medicines, a scientist who studies chemistry	1. farmacia/farmacista 2. chimico
chemistry	the scientific study of the structure of substances and the way they react with other substances	chimica
chemotherapy	the treatment of diseases, especially cancer, by drugs	chemioterapia
chest	the upper front part of the body between the neck and the stomach	petto
chew	to use your teeth to bite food in your mouth into small pieces so that you can swallow it	masticare
chicken-pox	an infectious disease that most children get once, in which the skin is covered with red spots. Chickenpox is a more serious disease in adults.	varicella
chief	the person who is in charge of an organization or department, or who has the main responsibility for something	il responsabile
childbirth	the process of giving birth to a baby	nascita/parto
children's hospital	a place where children stay when they are ill or injured and need a lot of care from doctors and nurse	ospedale pediatrico
chill	a feeling of being cold, a minor illness like a cold	raffreddore
chin	the centre of the bottom part of one's face, below the mouth and above the neck	mento
cholecystitis	an infection or inflammation of the gallbladder	colecistite
cholesterol	a fatlike material present in the blood and most tissues, especially nervous tissue and can cause heart disease if there is too much of it	colesterolo
chronic	a chronic illness or pain is serious and lasts for a long time	cronico
circulation	the continuous movement of blood around the body	circolazione
circulatory	relating to the movement of blood around the body	circolatorio
cirrhosis	a serious disease of the liver, often caused by drinking too much alcohol	cirrosi
clamp	a surgical instrument designed to compress a structure, such as a blood vessel or a cut end of the intestine	pinza emostatica

clavicle	one of a pair of bones that go across the top of the chest from the shoulder to the bottom of the neck: collarbone	clavicola
clean	not dirty	pulito
cleanse	to clean one's skin using a special liquid or cream	pulire
clinic	a place where people go to receive a particular type of medical treatment or advice	clinica (struttura)
cloaca	the most posterior part of the embryonic hindgut	cloaca
coagulate	if a liquid coagulates, it becomes thick and hard	coagulare
coccus	a bacterium of a spherical shape	cocchi
cold	with a low temperature, or a temperature that is lower than normal	freddo
cold (to catch (a) c.)	a widespread infectious virus disease causing inflammation of	raffreddore
colic	severe abdominal pain, usually of fluctuating severity, with waves of pain seconds or a few minutes apart	colica
colitis	inflammation of the colon. The usual symptoms are diarrhoea, sometimes with blood and mucus, and lower abdominal pain	colite
collar-bone	one of a pair of bones that go across the top of the chest from the shoulder to the bottom of the neck: clavicle	clavicola
collect blood	to get blood samples	prelevare campioni di sangue
collect throat cultures	to get throat culture samples	prelevare campioni di colture dalla gola
collodion	solution of pyroxylin in a mixture of alcohol and ether used as a protective coating for wounds	collodio
colon	the main part of the large intestine, which consists of four sections - the ascending, transverse, descending and sigmoid colons	colon
colostomy	a surgical operation in which a part of the colon is brought through the abdominal wall and opened in order to drain or decompress the intestine	colostomia
colouring	the colour of someone's hair, skin, and eyes	colorito
coma	a state in which someone is unconscious for a long time because they have been seriously injured or are extremely ill	coma
comatose	unconscious or in a coma	comatoso
combat disease:	to do something to try to stop illness from happening or from becoming worse	combattere la malattia

comfort	a feeling of physical and psychological ease	confort
common	ordinary	comune
communicate	to give information in a way which is understood by others	comunicare
complain	to say that you are not satisfied with something:	lamentarsi
complaint	a written or spoken statement in which someone says they are not satisfied with something:	reclamo
complementary medicine	various forms of therapy that are viewed as complementary to conventional medicine. Previously, complementary therapies were regarded as an alternative to conventional therapies, and the two types were considered to be mutually exclusive (hence the former names <b>alternative medicine</b> and <b>fringe medicine</b> ). However, many practitioners now have dual training in conventional and complementary therapies.	medicina complementare
complexion	the appearance of the skin on someone's face, and whether it is pale, dark, smooth etc	carnagione/colorito
complication	something that makes a medical condition more dangerous or difficult to treat	complicazione
compose	to form something	comporre
compound fracture	a broken bone that cuts through the surface of the skin	frattura esposta
compress	a pad of material soaked in hot or cold water and applied to an injured part of the body to relief the pain of inflammation	impacco
comprise	to form something	essere composto di
concentration	the amount of a substance that is present in something	concentrazione
conceptual models	concepts arranged in relation to one another to help practitioners describe areas of practice e.g. Orem's Nursing Model	modelli concettuali
concussion of the brain	a head injury that makes someone feel ill or become unconscious for a short time	commozione cerebrale
condition	the physical state of a person or animal, especially how healthy they are	condizione
confine	to make someone stay in a place because they are too ill, weak, or disabled to leave	confinare/ costringere a stare in un posto

confined to bed	made to stay in bed because they are too ill, weak, or disabled	costretto a letto
confusion	a mental state in which one is out of touch with aspects of reality	confusione
congenital	a congenital medical condition is one that a person has had since they were born	congenito
congestion	a condition in which a part of the body is blocked with blood or another liquid	congestione
conjunctivitis	an illness in which the inside of your eyelid becomes red and swollen	congiuntivite
connect	join things/places	connettere
conscious	mentally aware	consco
consent	informed permission	consenso
conservative treatment	treatment aimed at preventing a condition from becoming worse, in the expectation that either natural healing will occur or progress of the disease will be so slow that no drastic treatment will be justified	trattamento conservativo
consist of something	to be made of particular parts or things	consistere di qualcosa
constipation	a condition in which bowel evacuations occur infrequently, or in which the faeces are hard and small, or where passage of faeces causes difficulty or pain	costipazione
consult	to ask for information or advice from someone who has special knowledge about a particular subject	chiedere informazioni
consumption	an old word for the lung disease 'tuberculosis'	tubercolosi
contact	a situation in which people or things touch each other	contatto
contagious disease	a disease that can be spread from one person to another through touch or through the air	malattia contagiosa
contaminated	made dirty, polluted, or poisonous by the addition of a chemical, waste, or infection	contaminato
continuous	continuing without stopping or being interrupted	continuo
contraception	methods for preventing a woman from becoming pregnant, or the use of such methods	contraccezione
contraceptive	a drug, method, or object used for preventing a woman from becoming pregnant	contraccettivo

contract	1. if a muscle contracts, it becomes tighter 2. to become infected with a disease:	contratto
contract a disease	to become infected with	contrarre una malattia
contraction	a movement of a muscle in which it becomes tighter, especially the strong painful movement of the muscles of a woman's womb that help push a baby out during birth	contrazione
contusion	a blue or purple mark on your skin where you have been hit: bruise	contusione
convalescent	relating to a period of time spent resting and becoming healthier or stronger after an illness or operation	convalescente
conventional medicine	conventional medical treatments are the type of modern medical treatments based on drugs and operations used by most doctors in North America etc. The expression conventional medicine is often used when comparing these methods with alternative medicine	medicina convenzionale
convulsion	violent movements of a person's body that they cannot control	convulsione
corpse	the body of a dead person	cadavere
cotton	soft cotton used, for example, for cleaning a cut in your skin, American	cotone
cotton wool	soft cotton used, for example, for cleaning a cut in your skin, British	cotone
couch	a long piece of furniture like a bed that someone lies on while talking about their mental problems with a psychiatrist	divano per psicologo
cough	to force air up through your throat with a sudden noise, especially when you have a cold	tossire
cough drop	a type of sweet containing medicine that you suck when you have a cough or a sore throat	pasticche per la tosse
cough lozenge	a type of sweet containing medicine that you suck when you have a cough or a sore throat	pasticche per la tosse
cough mixture	a liquid medicine which helps to cure a cough	sciropo per la tosse
cough syrup	(American) cough mixture	sciropo per la tosse

coughing spell	a fit of coughing	attacco di tosse
count	the amount of a substance that is measured as being present in another substance, for example in your blood or in the air	conteggio/percentuale/misura
cramps	painful, involuntary contractions of a muscle	crampi
cranial	relating to your skull	craniale
cranial fracture	a break or a crack in a skull	frattura cranica
cranium	skull	cranio
crash	an accident that happens when a moving vehicle hits something, causing damage	incidente (con veicoli)
cream	a thick smooth substance that you put on your skin, for example to protect it from the sun	pomata
crepitation	to make slight, sharp, repeated crackling sounds	crepitio
crippled	someone physically disabled, especially unable to walk	disabile fisico, in particolare con problemi nel camminare
crisis	a time when a disease starts to get better or worse very suddenly	crisi
crotch	the area between one's legs where they join the body	zona del cavallo dei pantaloni
crown	top part of head	parte superiore della testa
culture	a group of bacteria or cells that have been grown in a scientific experiment	coltura
cupboard	a tall piece of furniture, usually attached to a wall and used for storing things, with shelves inside and one or two doors at the front	armadietto
cupping	the application to the skin of glass cups from which the air has been exhausted, in order to draw the blood to the surface	coppettazione
curative	used for curing an illness	curativo/rimedio
curative measures	actions that are intended to cure an illness	misure curative
cure	to stop someone from being affected by an illness	guarire/curare
cutting pain	very strong pain	dolore tagliente
cyanosis	blue discolouration of the skin due to oxygen lack	cianosi
cyanotic	dark blue (complexion)	cianotico
cyst	a lump containing liquid that grows under the skin or inside one's body	ciste
cystitis	inflammation of the urinary bladder	cistite

deaf	not able to hear anything, or not able to hear very well	non udente
deaf mute	someone who cannot hear or speak. This word is now usually considered offensive	sordomuto
death	the state of being dead	morte
debridement	the cutting away of dead or contaminated tissue or foreign material from a wound to prevent infection	sbrigliamento
decongestant	a drug that helps to breathe more easily when you have a cold	decongestionante
deep vein thrombosis	a blood clot in a large vein	trombosi venosa profonda
defect	a fault in someone or something:	difetto
defibrillation	restoring heart beat	defibrillazione
deficiency	a lack of something that your body needs	insufficienza
deformity	a part of someone's body that is not the normal shape	deformità
degenerative	a degenerative disease is one that gradually gets worse	degenerativo
dehydrate	to lose so much water from your body that you feel weak or ill	disidratarsi
delay	to do something later than is planned or expected	ritardare
dementia	a serious illness affecting someone's brain and memory in which they gradually stop being able to think or behave in a normal way. Most forms of dementia usually affect only old people	demenza
dental	relating to teeth	dentale
dental caries	decay of teeth	carie dentale
dental cavity	a hole in a tooth, caused by decay	cavità dentale
dental floss	a substance like a very thin string that you use to clean between your teeth	filo interdentale
dental hygienist	someone whose job is to clean people's teeth and give them advice on how to care for their teeth	igienista dentale
dental nurse	someone whose job is to help dentists in their work	assistente del dentista
dental plaque	a substance that forms on your teeth and in which bacteria can grow	placca dentale
dental surgeon	a dentist	dentista
dental surgery	a place where people can visit a dentist	gabinetto dentistico
dentalgia	toothache	mal di denti
denticle	a small tooth	piccolo dente

dentifrice	any preparation for cleaning teeth, as a powder paste or liquid	dentifricio
dentist	someone whose job is to examine and treat people's teeth	dentista
dentistry	1. the job of examining and treating people's teeth 2. the study of people's teeth and how to treat problems of the teeth and mouth	odontoiatria
dentition	1. the teething process; 2.the number and kind of teeth and their arrangement in the mouth	dentizione
dentures	artificial teeth worn by people who do not have their own teeth	denti artificiali
depression	a mental state characterized by excessive sadness	depressione
dermal	pertaining to skin	dermale
dermatitis	a medical condition in which parts of the skin become red and sore or covered in spots	dermatite
detect	to prove that something is present using scientific methods	rilevare
detoxication	drug addiction treatment	disintossicazione
diabetes	a serious medical condition in which the body does not produce enough insulin to reduce the amount of sugar in the blood	diabete
diagnose	to find out what physical or mental problem someone has by examining them	diagnosticare
diagnosis	a statement about what disease someone has, based on examining them	diagnosi
dialysis	a medical treatment that removes waste substances from the blood of someone whose kidneys are not working properly	dialisi
diaphragm	the large muscle between the lungs and the stomach that helps to breathe	diaframma
diarrh[o]ea	an illness in which the solid waste is passed from one's body too often and in a liquid form	diarrea
die	to stop being alive	morire

diet	1.the food that a person or animal usually eats, 1a a limited amount of food that someone eats because they are trying to become thinner ,1b a limited range of foods that someone eats to improve their health	dieta
digest	when the stomach digests food, it changes it into the substances that a human body needs	digerire
digestion	the process of changing food into the substances that your body needs	digestione
digestive	relating to digestion	digestivo
dilate (about pupils)	to become bigger	dilatare (le pupille)
diphtheria	a serious disease affecting one's throat so that makes it difficult to breathe	difterite
disabled	someone who is disabled is unable to use part of their body or brain properly because of injury or disease	diversamente abile
discern	to notice something, especially after thinking about it carefully or studying it	discernere
discernible	able to be seen, noticed, or understood	discernibile
discharge	1.a situation in which someone is allowed to leave an institution such as a hospital, a prison, or the army 2.a liquid that comes out from a part of someone's body when they are ill: a vaginal/nasal discharge	1. dimettere dall'ospedale 2.perdita di liquido corporale da naso/vagina etc.
discomfort	a feeling of slight pain	dolorino
disease	an illness that affects people or animals, especially one that is caused by infection	malattia
disinfect	to make something very clean by putting a substance on it that kills bacteria	disinfettare
disinfectant	a chemical substance that kills bacteria and is used for making things very clean	disinfettante
dislocate	to do something that forces a bone out of its normal position in its socket	slogare
disorder	an illness or medical condition	malattia
disoriented	loss of orientation to time, place, person	disorientato
dispensary	a place in a hospital where you can get medicines and drugs	farmacia (in ospedale)
dispense	to prepare medicines and give them to people	preparare e somministrare medicinali

disposable	something that is disposable is designed to be thrown away after you have used it once or a few times	usa e getta
dissect	to cut the body of a dead person or animal into parts in order to examine them	dissezionare
dissecting room	anatomical theatre	sala per autopsia
dissolve	to mix a solid substance into a liquid so that it becomes included in it	sciogliere
distil	to make a liquid more pure by heating it until it becomes a gas and then making it colder so that it becomes a liquid again	distillare
distortion	a change in the way something looks, sounds, or behaves so that it becomes strange or difficult to recognize	distorsione/deformazione
distress	great pain	grande dolore
distribution	the process of giving something such as food, clothes, or money to a group of people, especially so that each person gets an equal share	distribuzione
distribution of fluids	location of fluids	distribuzione dei fluidi
diuretic	a substance that makes body produce more urine	diuretico
diurnal	daytime	diurno
diverticulitis	an inflammatory condition of the colon	diverticolite
dizziness	feeling as if you or the things around you are spinning, especially when you think you are going to fall	giri di testa
doctor	someone whose job is to treat people who are ill or injured. When written as a title, the abbreviation of doctor is Dr.	medico
donor	someone who gives blood or tissue or an organ to be used in another person	donatore
dosage	the amount of a medicine or drug that you take at one time	dosaggio/posologia
drain	a tube that carries liquid away from your body, for example one that carries blood away from an injury	drenaggio/tubo per il
drainage	a system of pipes that take away liquid from the injured area	drenaggio
dress	to clean an injury and cover it with a piece of soft cloth, called a dressing	pulire una ferita e fasciarla

dressing	a piece of material used for covering and protecting a skin injury	fasciatura
dressing material	material used for covering and protecting a skin injury	materiale usato per coprire le ferite - es. garze, bende , cerotti etc.
dropper	a small glass tube with a rubber piece at one end that you squeeze to let out single drops of liquid	contagocce
drown	to sink under water and die	annegare
drug	1. an illegal substance that affects someone physically or mentally when they take it 2. a substance that doctors put into someone's body to treat a disease or medical problem	1. droga 2. medicina
drug addiction treatment	detoxication	trattamento contro le tossicodipendenze
drugs	pharmacological substances	sostanze farmacologiche
dry and hacking cough	a cough that makes a loud rough sound and is not productive	tosse secca
dry mouth	a condition that occurs as a result of reduced salivary flow from a variety of causes	bocca secca
duct	a narrow tube that carries liquid inside your body or in an animal or plant	dotto
dull pain	a dull pain is not very strong but continues for a long time	dolore leggero ma persistente
dull the pain	to make a pain weaker	ridurre il dolore
dumbness	permanently unable to speak. This word is now usually considered offensive. The more usual word is speech impaired	impossibilità di parlare (termine offensivo)
dysentery	a serious disease that affects one's bowels and makes one go to the toilet very frequently and become very weak	dissenteria
dysplasia	abnormality of development	displasia
dyspnoea	also: shortness of breath	dispnea
ear	the part of the body specialized for the perception of sound	orecchio
eardrum	a piece of tightly stretched skin inside your ear that vibrates when sound reaches it	timpano
earwax	a dark yellow waxy substance that is secreted by the sebaceous glands in the outer ear	cerume

ease the pain	to make pain less severe	ridurre il dolore
eczema	a medical condition that makes one's skin dry, sore, and itchy	eczema
edema	an abnormal accumulation of fluid in cells, tissues, or cavities of the body, resulting in swelling	edema
edematous	swollen because of an abnormal accumulation of fluid in cells, tissues, or cavities of the body	edematoso
edinburgh coma scale	an international scale used to measure the level of consciousness	scala internazionale usata per valutare lo stato di coscienza
effective medicine/treatment	treatment which works well and produces the result that was intended	trattamento/medicina efficace
elastic bandage	a bandage that is able to stretch	fascia elastica
elbow	the joint in the arm formed between the ulna and part of the radius and the humerus	gomito
electroencephalography	a medical test of electrical activity in the brain	elettroencefalogramma
elevated temperature	high temperature	temperatura (febre) alta
elimination	the process of excretion of metabolic waste products from the blood by the kidneys and urinary tract	eliminazione
emaciated	extremely thin because of serious illness or lack of food	emaciato
embryo	a human before it is born, when it is beginning to develop and grow	embrione
emergency treatment	providing medical care in an unexpected situation involving danger	trattamento di emergenza
emollient	a substance that you rub on your skin to make it softer or less painful	emolliente
emotional	affected by and expressing strong emotion, especially sadness and anger	emotivo
empathy	an ability to understand and experience how others are feeling	empatia
empirical	describing a system or treatment based on experience or observation, rather than of logic or reason	empirico
enamel	the tough, shiny, white outer surface of the tooth	smalto
encephalitis	a very serious disease affecting your brain that is caused by infection	encefalite
endocrine gland	an organ in your body that produces hormones	ghiandola endocrina
enema	the injection of liquid into the rectum	clistere

enteritis	a painful medical condition that affects your intestines and causes diarrhoea	enterite
environment	the place in which people live and work, including all the physical conditions that affect them	ambiente
enzyme	a natural chemical produced by animal and plant cells that causes reactions and other processes to start	enzima
epidemic	a situation in which a disease spreads very quickly and infects many people	epidemia
epidermis	the outer layer of skin on one's body	epidermide
epidural	a medical treatment in which an anaesthetic is put in the lower back, especially of a woman who is having a baby	epidurale
epilepsy	a serious medical condition that affects the brain and makes you suddenly shake in an uncontrolled way or become unconscious	epilessia
episode	a time when someone is affected by an illness or a medical condition	episodio
equivalent	of the same size, value, importance or meaning	equivalente
erosion	an eating away of surface tissue by physical or chemical processes, including those associated with inflammation	erosione
eruption	also: rash - inf	eruzione cutanea
erythrocytes	blood cells	eritrociti
euphoria	a feeling of great happiness that usually lasts for a short time only	euforia
evacuation	removal of the contents of a cavity, especially the emptying of the bowels	evacuazione
evaluation	the final stage of the nursing process, in which the effects of the nursing interventions are compared with the goals or objectives set in the care plan	valutazione
evidence based practice	health care provided on the basis of the effectiveness of interventions in relation to the cost-effectiveness of health outcomes	trattamenti basati sull'evidenza
evolution	the way in which something gradually changes and develops	evoluzione
exacerbation	making a problem become worse	inasprimento
examination	an occasion when a doctor looks carefully at someone's body to make certain they are healthy	visita medica

examine	if a doctor examines you, they look carefully at your body to check if you are healthy	visitare
excessive	much greater than is usual	eccessivo
excision	to remove a harmful growth inside a person's body	rimozione
excrete	to pass liquid or solid waste from your body	espellere
excretion	the process of getting rid of the liquid or solid waste from your body; liquid or solid waste of this type	escrezione
excretory	pertaining to the process of getting rid of the liquid or solid waste from your body	escretorio
existence	the state of being a real or living thing, or of being present in a particular place, time, or situation	esistenza
expectorate	to spit, especially after coughing something up from the lungs	espettorare
expectoration	the elimination of secretion from the respiratory tract	espettorazione
experiment	a scientific test to find out what happens to someone or something in particular conditions	esperimento
expiration	breathing out	espirazione
explanation	a reason you give for something that has happened or something you have done	spiegazione
external	on or from the outside of someone's body	esterno
external ear	outward part of the ear	orecchio esterno
external use (for)	if a medicine is for external use, it is intended to be used on the outside of your body only and must not be swallowed	per uso esterno
extract	to remove one of someone's tooth	estrarre
extremity	a part of your body that is furthest from the main part, for example a finger or toe	estremità
eye	the organ of sight in humans and animals	occhio
eyeball	the whole round ball that forms your eye	palla dell'occhio
eyebrow	the line of hair above an eye	sopraciglio
face	the front part of your head, where your eyes, nose, and mouth are	faccia
facecloth	a small piece of cloth that you use for washing yourself, especially your face	spugnetta
facelift	a medical operation to make someone's face look younger	lifting facciale

face-mask	1 something that you wear over your face to protect it 2 a face pack /a substance that you put on your face and leave for a short time in order to clean your skin	maschera facciale
facial	a beauty treatment in which someone rubs your face and puts creams on it in order to improve your skin	facciale
factor	one of the things that influence whether an event happens or the way it happens	fattore
faeces	solid waste from your body	feci
faint	to suddenly become unconscious for a short time, and usually fall to the ground	svenire
fall ill	to become ill	cadere malato
family history	the details of past illnesses or problems in someone's family that are kept as a record for use by doctors or social workers	storia familiare
fat	a soft white substance stored in a layer under your skin	grasso
fatal	causing someone to die: a fatal accident/injury/disease etc: a fatal road accident a fatal heart attack	fatale
fatigue	a feeling of being extremely tired, either physically or mentally	fatica
fatty acid	prostaglandin	acido grasso
fear of heights	vertigo	vertigini
febrile	feverish	febbrile
feed	give food to	nutrire
feedback	comments about how well or how badly someone is doing something	feed back
feel	to be in a particular state as a result of an emotion or a physical feeling	sentire emotivamente o fisicamente
feel the pulse	to touch someone's wrist with your hand so that you can discover the rate of his/her pulse	sentire il polso per contare le pulsazioni
female	a female person or animal belongs to the sex that can produce babies or eggs	femmina
femoral pulse	a pulse wave in the femoral artery	pulsazione femorale
femur	the bone in the top part of your leg, above your knee. A less technical name for this is the thigh bone.	femore

ferment	if food or drink ferments or is fermented, a chemical change happens to it and the sugar in it produces alcohol	fermento
fertility	a woman's ability to have babies	fertilità
fever	a medical condition in which the temperature of your body is very high and you feel ill: temperature:	febre
feverish	febrile	febricitante - febrile
fibre	one of the thin pieces that form the nerves and muscles in the body	fibra
fibula	the outer narrower bone in the bottom part of one's leg	fibula (perone)
filtration	the process of removing something from a substance by passing it through the filter	filtrazione
final	1.existing as the result of a long process; 2.last in a series; 3.showing that something has finished	finale
finger	any of the five jointed parts projecting from the palm of the hand	dito della mano
finger nail	any of the hard smooth parts that cover the ends of your fingers	unghia della mano
finger-tip	the end of your finger	polpastrelli
fissure	groove; long deep crack	fessura
fist	your hand when your fingers are closed tightly	pugno
fit	1.a strong sudden physical reaction you cannot control, for example coughing or laughing; 2.to fasten something somewhere so that it cannot move	1. attacco 2. inserire in posizione perfetta
flu	also: influenza form; grippe	influenza
fluid	liquid	fluido
flushed	looking red because you are hot or ill, or feel angry, embarrassed, or excited	arrossito
foot	1.the part of your body at the end of your leg, on which you stand; 2.a unit used for measuring length, containing 12 inches and equal to about 30 centimetres	piede (come unità di misura corrisponde a circa 30 cm)
for external use	if a medicine is for external use, it is intended to be used on the outside of your body only and must not be swallowed	per uso esterno
for internal use	if a medicine is for internal use, it is intended to be used inside your body and must be swallowed	per uso interno

forceps	a medical tool with two long narrow parts, used for holding things during medical operations	forcipe
forearm	the lower part of the arm, between the elbow and the wrist	avanbraccio
forehead	the part of the face between the eyebrows and the line where the hair normally begins	fronte
foreign body	something that has entered a place where it should not be, especially someone's body	corpo estraneo
fraction	part	frazione
fracture	a break or crack in a bone	frattura
fracture one's leg	to break one's leg	fratturare una gamba
frequent occurrence	occurrence that is happening often	circostanza frequente
frostbite	a medical condition in which cold weather seriously damages your fingers, toes, ears, or nose	congelamento
fungus	a type of plant without leaves, flowers, or green colour that grows especially in wet conditions or on decaying matter. There are many types of fungi, including mushrooms, mildews, yeasts, and moulds	fungo
gain weight	become fatter	guadagnare peso
gall-blader	the organ next to the liver where body stores a liquid called bile	milza
ganglion	any structure containing a collection of nerve cell bodies and often also numbers of synapses.	ganglio
gangrene	a serious medical condition in which a part of someone's body decays when the blood stops flowing to it because of an injury or disease	cancrena
gargle	to move liquid around in the back of the mouth, in order to clean the mouth and the throat	fare gargarismi
gastralgia	pain in the stomach	gastralgia
gastric	relating to your stomach	gastrico
gastric juices	substances created by your stomach	succhi gastrici
gastric ulcer	a sore area on the inside of the stomach that sometimes bleeds or produces a poisonous substance	ulcera gastrica
gastritis	an illness in which the inner layer of your stomach swells and becomes painful	gastrite

gastroenteritis	a short painful illness affecting your stomach and intestines that is caused by bacteria in food or a virus and makes you go to the toilet frequently	gastroenterite
gastrointestinal	of the stomach and the intestines	gastrointestinale
gauze	white cotton cloth that is very thin and has been woven in a loose way, used in layers for protecting and treating an injury	garza
gel	a sticky substance that is used in medicine for the skin	gel
general anaesthetic	an anaesthetic that affects the whole body by making one unconscious is called a general anaesthetic	anestetico generale
general hospital	a hospital that can treat most people and that does not limit itself to one particular type of medical problem	ospedale di primo livello
generalized pain	affecting most of the body rather than just one area	dolore generalizzato
genitals	the outer sex organs of a person or animal	genitali
germ	a form of bacteria that spreads disease among people or animals	germi
German measles	an infectious disease that causes red spots on the skin. German measles is a minor illness in children and adults, but can cause serious physical damage to babies before they are born: <i>rubella</i>	rosolia
gingivitis	inflammation of the gums	gingivite
give a bath	to wash someone in a bath	lavare qualcuno (in una vasca)
gland	a part of your body that produces a chemical substance that your body needs: <i>the thyroid gland</i>	ghiandola
glasses	artificial lenses which aid vision	occhiali
glaucoma	progressive blindness	glaucoma
gloves	a piece of clothing that covers your fingers and hands	guanti
glycosuria	glucose in the urine	glicosuria
go on a diet	to eat limited amount or range of food because one is trying to become thinner or to improve one's health	fare una dieta
gonorrhoea	disease affecting sex organs that is passed on during sex	gonorrea
gown	a long loose piece of clothing that a doctor or patient wears during an operation in a hospital	camice per dottori e pazienti
gradual	gradual processes and changes happen slowly and by small amounts	graduale
grand mal	epileptic seizure	crisi epilettica

graze	a break in the surface of one's skin caused by falling down	escoriazione
grippe	also: influenza form; flu	influenza
groove	fissure	cavità
grown-up	an adult: used when talking to children	adulto
growth	1.an increase in the number, size, or importance of something; 1.tumour -form a lump that grows inside or on a person, animal, or plant, caused by cells that have grown in a way that is not normal	1. crescita 2. pop. Per tumore
guidance	advice about what you should do or how you should behave	istruzioni
gullet	a muscular tube, about 23 cm long, that extends from the pharynx to the stomach and carries food from the mouth to the stomach	esofago
gums	the firm pink flesh in your mouth that your teeth are fixed into	gengive
gut	1.see: intestine; 2.see:catgut	intestino/budella
gynaecology	the type of medicine that deals with the study and treatment of medical conditions that affect women and their reproductive organs	ginecologia
haematemesis	vomited blood	ematemesi
haematology	the scientific study of blood	ematologia
haematoma	bruising	ematoma
haematuria	blood in the urine	ematuria
haemoglobin	the substance in blood that contains oxygen	emoglobina
haemophilia	a serious illness that prevents your blood from clotting (=becoming thick) when it should, for example when you cut yourself	emofilia
haemophiliac	someone who has haemophilia	emofiliaco
haemoptosis	coughed blood	emottisi
haemorrhage	an occasion when blood flows out of an injured organ inside someone's body, rather than out of their body through a cut in the skin	emorragia
haemorrhoids	painful swollen areas around the anus (=the hole where solid waste comes out of the body). An informal name for haemorrhoids is piles	emorroidi

hair	1.the thing that grows on your head in a mass of thin fibres 2.hair that grows on other parts of the body: <i>facial/body hair</i>	1 capelli. 2 pelo
halitosis	bad breath	alitosi
hallucinations	perceptions which do not represent reality	allucinazioni
hand	the terminal organ of the upper limb, which comprises the eight bones of the carpus, the five metacarpal bones, and the phalangeal bones plus the surrounding tissues	mano
hard palate	the inside upper part of the mouth. The front, harder part is the hard palate, and the back, softer part is the soft palate	palato duro
hardening	sclerosis	indurimento/sclerosi
hardly discernible pulse rate	very weak pulse, hardly noticeable	pulsazioni molto deboli
harmful	causing harm	nocivo
have a sore throat	to have painful and uncomfortable throat, usually as a result of an infection	avere il mal di gola
hay fever	rhinitis	febre da fieno
head	1.the part of the body that contains the brain and the organs of sight, hearing smell and taste	testa
headache	pain in the head	mal di testa
heal	to make someone healthy again after they have been ill	guarire
health	the condition of your body, especially whether or not you are ill	salute
health care	the services that look after people's health	servizio sanitario
health centre	a building where people can go to see a doctor or nurse	centro per l'assistenza alla salute
health certificate	gives the facts about your state of health	certificato medico
health club	a club where members can go to do physical exercises	centro sportivo
health hazard/risk	something that could harm your health	rischio per la salute
health inspector	someone who works for the government whose job is to visit restaurants and make sure that they are clean and obeying laws about preparing food	ispettore sanitario
health insurance	a type of insurance that pays for your medical treatment when you are ill	assicurazione sanitaria
health service	a public service that is responsible for providing medical care	servizio sanitario

health visitor	a nurse who visits people in their homes and gives them advice, for example on how to look after their baby	infermiere che gira per le case dando suggerimenti utili per la salute, quali quelli relativi alla cura dei bambini.
healthy	physically strong and not ill	sano
hear	to realize that someone or something is making a sound	udire
heart	the organ in your chest that pumps blood around your body	cuore
heart attack	an occasion when someone suddenly has a lot of pain in their chest and their heart stops working	infarto
heart failure	a situation in which your heart stops working correctly:	infarto/colpo apoplettico
heart trouble/disease/failure/defect	a serious medical condition affecting your heart	aritmia/cardiopatia/problemi cardiaci
heartburn	a pain that feels like burning in your chest and is a type of indigestion	bruciori di stomaco
heat	the quality of being hot, or how hot something is	calore
heavy periods	menorrhagia	menorragia
heel	the back part of your foot, below your ankle	tacco
height	how high something is, or how tall someone is	altezza
hemiplegia	paralysis of one side of the body	emiplegia
hemoglobin test	an examination of hemoglobin	esame dell'emoglobina
hemorrhage	see: haemorrhage	emorragia
heparin	a drug used to reduce the clotting of blood	eparina
hepatitis	an infectious disease of the liver that can be very serious	epatite
herb	a plant used for adding flavour to food or as a medicine	erba officinale (o spezie)
herb tea	tea made from herbs	infuso
hermetic	airtight	ermetico
hernia	a medical condition in which an organ pushes itself through the wall of muscles around it	ernia
hip	one of the two parts at either side of the body between the waist and the top of the legs	fianco
histology	the tissue structure of an organism or part, as revealed by microscopic study	istologia
hives	urticaria, a medical condition in which you get red itchy spots on your skin, often because you have eaten particular food	orticaria

hoarse	someone who is hoarse or has a hoarse voice speaks in a low rough voice, usually because their throat is sore	rauco
homogeneous	uniform	omogeneo
hospital	a place where people stay when they are ill or injured and need a lot of care from doctors and nurses	ospedale
hospital attendant	someone with no special medical training who works in a hospital, doing jobs such as moving people around and cleaning	ausiliario sanitario
hot-water bottle	a rubber container that you fill with hot water and put in a bed to make it warm	borsa di acqua calda
human body	the whole physical structure of a person, including the head, arms, and legs	corpo umano
humerus	the bone that connects your shoulder to your elbow	omero
hurt	1.to have the sensation of pain;2.to cause physical pain or injury	1. dolere/fare male 2. causare dolore o ferite
hurt oneself	to cause physical pain or injury to oneself	farsi male
igiene	the practice of keeping yourself and the things around you clean, in order to prevent illness and disease	igiene
hyperglycaemia	a high level of glucose in the blood	iperglicemia
hypertension	a condition in which your blood pressure is extremely high	ipertensione
hyperthyroidism	a condition in which your thyroid gland works too intensively	ipertiroidismo
hypoglycaemia	a low level of glucose in the blood	ipoglicemia
hypotension	a low blood pressure	ipotensione
hypoxia	tissue oxygen deficiency	ipossia
illness	the state of feeling ill or having a disease	malattia
immobilize	to make someone unable to move	immobilizzare
immune	If your body can protect itself against a particular virus then you are immune to it	immune
impairment	the fact that a part of your body is unable to do something fully	indebolimento/deperimento fisico/disabilità
implementation	carrying out or implementing a particular action	implementazione
improve	to make something better	migliorare
inch	a unit for measuring length. An inch is equal to 2.54 centimeters	unita di misura - pollice (2,54 cm)

incidence	the number of cases of an illness or a medical condition in a particular place, group, or situation	incidenza
incision	a cut made into the body with a knife, usually during a medical operation	incisione
incontinence	inability to control evacuation of urine or faeces	incontinenza
incurable	not able to be cured	incurabile
index finger	the finger next to your thumb	dito indice
indicate	to show that a particular kind of action or treatment is necessary	indicare
indigestion	pain that you get in your stomach when your body has difficulty in digesting the food you have eaten	indigestione
indisposition	an illness, especially one that is not very serious	indisposizione
infant	a baby or a very young child	infante
infection	1.the process of becoming infected with a disease; 2.a disease or other medical condition that is caused by bacteria or by a virus or a parasite	infezione
infectious	an infectious disease is one that can spread from one person to another	infettivo
infirmary	1 a hospital: this word is often used in the names of hospitals; 2 a room in some schools and other institutions where people go if they are ill or injured	1. ospedale 2. infermeria (in scuole, aziende, etc)
inflammation	an area on your body that is swollen, red, and painful because of an infection or injury	infiammazione
influenza	also: flu inf; grippe	influenza
infra-red lamp	a piece of equipment using a type of light that is warm but cannot be seen	lampada ad infrarossi
ingestion	swallowing	ingestione
inhalation	the process of breathing air, smoke, or other substances into your lungs	inalazione
injection	a drug or another substance that is injected into your body	iniezione
injury	physical damage done to a person or a part of their body	danno fisico
inoperable	an inoperable medical condition which cannot be cured or treated by an operation	non operabile

inquiry	the process of asking about something or examining something in order to get more information	indagine
insert	to put something into something else, or into a hole or space	inserire
insomnia	a medical condition in which you have difficulty sleeping	insonnia
inspection	an action of looking at something carefully, especially in order to check that it is satisfactory	ispezione
instruction	a statement or explanation of something that must be done, often given by someone in authority	istruzioni
instrument	a tool or piece of equipment used in science, medicine, or technology	strumento
insufficiency	a medical condition in which an organ in the body does not work as it should	insufficienza
insulin	a hormone produced by the pancreas to control metabolism of glucose	insulina
insult	effusion of blood in brain	termine alternativo per lesione-ferita (di solito cerebrale). Letteralmente insulto
intact	not harmed, damaged or lost any parts as a result of something that has happened	intatto
interior surface	the surface inside something	superficie interiore
intermittent	happening sometimes, but not regularly or often	intermittente
intern	a student, or someone who has recently obtained a degree, who works in a job in order to get experience	internista
internal	existing or happening inside your body	interno (al corpo)
internal medicine	medical treatment of organs inside your body using methods that do not involve surgery (=cutting open the body)	medicina interna
interval	a period of time between two events	intervallo
intestinal	relating to the intestines	intestinale
intestines	the long tube in your body that processes food and carries waste out of your body	intestini
intolerance	if someone has an intolerance to a particular food or drink, they cannot eat it or drink it because it makes them ill	intolleranza
intoxication	the condition of being drunk; intoxication; poisoning	intossicazione
intramuscular	within a muscle	intramuscolare

intrathecal	within the windpipe	intratecale
intrauterine	inside the womb	intrauterino
intravascular	within a blood vessel	intravascolare
intravenous injection	injection put directly into a vein	iniezione intravenosa
intubation	inserting a tube into the upper airway	intubazione
invasive	involving an operation	invasivo
inxale	to breathe air, smoke, or other substances into your lungs	inalare
iris	the coloured part of the eye around the small black circle that is called the pupil	iride
irritation	a painful feeling in a part of the body, often with red skin or swelling	irritazione
isolate	to keep a person or animal separate from others because they might have a disease that others could catch	isolare
isolation	keeping a patient physically away from others as a way of controlling infection	isolamento
itching	an unpleasant feeling on your skin that makes you want to scratch it	prurito
jaundice	an illness of the liver that makes the skin and the white part of the eyes become yellow	itterizia
jaundiced	looking unhealthy and slightly yellow in colour, especially because of illness	itterico
joint	a part of your body that can bend where two bones meet	articolazione
juvenile	relating to young people	giovanile
keep (to) a diet	to eat limited amount or range of food because one is trying to become thinner or to improve one's health	rispettare la dieta
keep a patient under observation	to continue to watch or control a patient	tenere un paziente sotto osservazione
keep one's bed	stay in bed	restare a letto
keratitis	conjunctivitis	cheratite
ketonuria	ketones / acid urine	chetonuria
kidney	one of the two organs in your body that clean your blood and remove waste	rene
kidney-shaped basin	a basin in a shape of a kidney	bacinella reniforme
knee	the part in the middle of your leg, where it bends	ginocchio
knot	ganglion	nodo

labor	the process by which a baby is pushed from its mother's body during childbirth	doglie
laboratory	a building or a large room where people do scientific and medical experiments or research	laboratorio
laboratory study	study done in a laboratory	studio di laboratorio
lack	a situation in which you do not have any or do not have enough of something you need	manca
lack of appetite	lack the natural feeling of wanting to eat	manca di appetito
lacrimal	designating, of, or near the glands that secrete tears	lacrimale
lacrimal gland	the gland that secretes tears	ghiandola lacrimale
lactation	producing milk from the breasts in order to feed a baby	lattazione-allattamento
lame	1a. used for describing someone who is disabled because their leg or foot is damaged. This word was accepted until the second half of the 20th century, but is now considered offensive; 1b. used about a foot or leg that is damaged and prevents someone from walking easily	zoppo - termine ora considerato offensivo
lancet	a small knife with two sharp edges used by doctors	bisturi
laryngitis	sore throat	laringite
larynx	the organ in your throat that contains the vocal cords, which produce sounds	laringe
lashes	hairs along the upper and lower edges of your eyes	ciglia
lassitude	tiredness and a lack of energy	stanchezza
last offices	the care given to patients after they have died in preparation for burial	preparativi prima della sepoltura
laundry	1. dirty clothes that you are washing, or clean clothes that have just been washed 2. a room or building where clothes are washed and ironed, for example in a hospital	1. biancheria 2. lavanderia
lavage	the washing out of an organ, as the stomach, intestinal tract, or sinuses	lavaggio (di un organo)
lavage, gastric	the washing out of the stomach	lavanda gastrica
laxative	a medicine, food, or drink that helps you to make solid waste leave your body when you use the toilet	lassativo
lead	a soft heavy grey metal used especially in the past for making pipes, covering roofs, and in paint	piombo

learn	to gain new information about a situation, event, or person	apprendere
leg	one of the two parts of your body to which your feet are attached	gamba
lens	the part of the eye behind the pupil that bends light to produce an image on the retina	cristallino
lesion	an area of damaged skin. A more usual word is wound; a damaged part of an organ, such as the brain or the lungs	lesione
lethal	very dangerous and able to kill you	letale
leukaemia	a type of cancer affecting one's blood	leucemia
leukocytes	white blood cells	leucociti
lice	small insects that live on people's skin and in their hair. Lice is the plural of louse	pidocchi (al singolare si usa louse)
lid	the piece of skin that covers your eye when it is closed	palpebre
ligament	a part inside your body that holds bones together or keeps organs in place	legamento
limb	an arm or a leg	arto
limping	walking that is affected by an injured leg or foot	zoppicare
linen	things made of cloth and used in the house, such as sheets: bed linen	biancheria
lingual	pertaining to the tongue	linguale
liniment	a liquid that you rub into your skin to reduce pain	linimento
lip	one of the two edges that form the top and bottom parts of your mouth	labro
lipid	in living things, one of several substances that contain fat	lipido
liposome	fatty or oily globule	liposoma
little finger	the smallest finger of your hand	dito mignolo
liver	the organ in your body that cleans your blood and produces bile (=a liquid that helps your body process fat)	fegato
livid complexion	dark purple or blue-grey face colouring	carnagione dal colore rosso scuro o blu
lobe	a round part of something, especially a large section of your brain	lobo
local	affecting only a small area of the body	locale

local anaesthetic	an anaesthetic that affects only a part of the body	anestetico locale
localized pain	existing only in a particular area or in some small areas	dolore localizzato
look after	to take care of someone or something and make certain that they have everything they need	badare
loss	no longer having something	perdita
loss (lack) of appetite	stopping having the natural feeling of wanting to eat	perdita di appetito
lotion	a thick liquid that you put on your skin in order to clean it or make it feel softer and less dry	lozione
low blood pressure	hypotension	pressione bassa
low blood sugar	hypoglycemia	ipoglicemia
lower jaw	the lower part of your face that includes your chin and your bottom teeth	mascella inferiore
lumbago	continuous pain in your lower back	lombalgia
lumbar puncture	introduction of fine hollow needle into the spinal lumbar region	puntura lombare
lump	a small hard part on or under your skin that is caused by illness or injury	grumo
lung	one of the organs in your chest that fill with air when you breathe	polmone
maintain	to make sure that something stays at the same level, rate, or standard	mantenere
make one's round	make a series of visits to patients	fare il giro di visite
malady	oldfashioned: an illness	malattia
melaena	black coloured bowel movement due to the presence of blood	melena
malaise	feeling that you are slightly ill, although you cannot say what exactly is wrong	malessere
male	a man	maschio
malignant	spreading or developing in a way that is not normal and is dangerous	maligno
mammary	relating to a woman's breasts	mammario
mania	a mental illness that makes someone behave in an unusually excited and energetic way	mania
marrow	the soft substance inside bones, where blood cells develop	midollo
masculine	with qualities considered typical of men	maschile

mask	something you wear to cover part or all of your face in order to protect it from something harmful such as poisonous gas, bacteria, or smoke	maschera
massage	the action of pressing, squeezing, and rubbing someone's body in order to reduce pain in their muscles or make them relax	massaggio
mastitis	sore breasts	mastite
maternity	the state of being a mother	maternità
maternity leave	time before and after the birth of a baby when a woman is allowed to be away from her job	congedo per maternità
maternity ward	the part of a hospital where pregnant women or women who have just had babies are looked after	reparto ostetricia
mean	to communicate a particular meaning, feeling, or piece of information	significare
means	a method for doing or achieving something	mezzo
measles	an infectious disease common in children in which there are red spots all over the body and a high temperature	morbillo
measure	to find the exact size, amount, speed etc of something using a special tool or special equipment	misurare
medial	nearer the median plane or the axis of a body or a part	mediano
medication	drugs that you take to treat or cure an illness	medicazione
medicine	1.the study and practice of treating or preventing illnesses and injuries; 2.a substance that you take to treat an illness, especially a liquid you drink	medicina (come scienza e come farmaco)
medulla	bone marrow	midollo
melanoma	a serious type of skin cancer caused especially by the light of the sun	melanoma
melanosis	abnormal pigmentation	melanosi
membrane	a thin piece of skin that covers or connects different parts of a body	membrana
meningitis	a serious illness that affects the outer part of the brain	meningite
menopause	the time in a woman's life when her periods stop and she is no longer capable of getting pregnant	menopausa
menorrhagia	heavy periods	menorragia
menses	the monthly flow of blood from a woman's body. The usual word for this is period	mestruazioni

menstruate	if a woman menstruates, she has a flow of blood from her womb, usually once a month	avere le mestruazioni
metabolic	relating to your metabolism	metabolico
metabolic disorders	disorders related to metabolism	disordini metabolici
metabolism	the chemical processes that take place in your body that change food and drink into energy	metabolismo
metaplasia	abnormal tissue change	metaplasia
metastasis	the spread of cancer to a new place in your body	metastasi
method	a way of doing something, especially a planned or established way	metodo
microbe	a microorganism	microbo
microorganism	a very small living thing that you can see only with a microscope. Some microorganisms cause disease: microbe	microorganismo
microscope	a piece of equipment for looking at things that are too small to see normally	microscopio
microscopic examination	a microscopic examination is done by looking at the details of something extremely carefully	esame microscopico
microsurgery	medical operations that are done using very small pieces of equipment and a very powerful microscope	microchirurgia
middle age	the period of your life when you are no longer young but are not yet old	mezza età
middle ear	the part of the ear that is between the outer part and the eardrum	orecchio medio
middle finger	the longer finger on the hand, which is in the middle next to the forefinger	dito medio
middle-aged	no longer young but not yet old	di mezza età
migraine	a very bad headache that often makes you unable to bear strong light	emicrania
mild	subclinical	leggero/ moderato
mild pain	not strong/severe pain	dolore lieve
military hospital	a hospital for the military, not civilians	ospedale militare
minimal	extremely small in amount or degree, or as small as possible	minimo
minimize	to reduce something harmful or unpleasant to the smallest amount or degree	minimizzare

miotic	eye drops	miotico/collirio
miscarriage	the process of giving birth to a baby before it has developed enough to live	aborto spontaneo
mitosis	cell division	mitosi
mobility	the ability to move a part of your body	mobilità
moisture	a small amount of water or another liquid, in the air, on the surface of something, or in a substance	umidità/condensa
mole	a dark brown lump or spot on the skin that is permanent	neo
monitor	to regularly check something or watch someone in order to find out what is happening	monitorare
mop	1. an object with a long handle and a mass of thick strings or a sponge on one end, used for washing floors; 2. to wash a floor using a mop	1. mocio 2. lavare con il mocio
morbid	relating to or caused by disease	morboso (nel senso di relativo o causato da malattie)
mortality	the number of deaths within a particular area, group etc	mortalità
mouth	the part of your face below your nose that you use to eat and speak	bocca
move	to change your position or go to a different place	muovere
moving and handling	a nursing approach to ensure safe movement and positioning of patients which is safe for both the nurse and the patient	metodo per trasportare il paziente con le mani in modo sicuro (anche per l'infermiere)
mucus	a liquid produced in some parts of your body, for example the inside of one's nose	muco
muddy	dull in colour	color fango
multiple sclerosis	a serious illness affecting the nerve cells of the brain and spine that gradually makes it difficult for someone to move, speak, or see. Multiple sclerosis is often simply called MS	sclerosi multipla
mumps	a disease that mainly affects children in which the neck becomes swollen and painful	orecchioni
murmur (about heart)	an unusual quiet sound made by your heart that may be a sign of disease or damage	soffio (al cuore)
muscle	a piece of flesh that connects one bone to another and is used for moving a particular part of the body	muscolo

muscle tone	the firmness or healthy quality of the body, muscles, or skin	tono muscolare
muscular	relating to muscles	muscolare
muscular pain	pain relating to muscles	dolore muscolare
musculature	the system of muscles in one's body	muscolatura
mustard plaster	a yellow substance with a hot taste made from the seeds of a plant	impacco di senape
mutation	a change in the genes of a plant or animal that causes it to become different from others of its type	mutazione
mutilate	to damage someone's body permanently by cutting it or removing part of it	mutilare
myopia	short-sightedness	miopia
nail	the smooth hard part that grows over the ends of one's fingers and toes	unghia
nasal	relating to nose	nasale
nasal cavity	a space inside someone's nose	cavità nasale
nasogastric tube	a hollow flexible tube passed through the nose into the stomach	sonda nasogastrica
nausea	the feeling that you are going to vomit (=bring food up from your stomach and get rid of it through your mouth)	nausea
nauseated	having a feeling of sickness	nauseato
navel	a small round place in the middle of someone's stomach where they were separated from their mother at birth. A more informal word is belly button	ombelico
neck	the part of the body that joins the head to the rest of the body	collo
necrosis	death of human tissue	necrosi
needle	a very thin sharp metal tube used for putting medicine or drugs into one's body, or for taking blood out. It is fixed to a plastic tube called a syringe	ago
neoplasm	an abnormal growth of tissue, as a tumor	neoplasma
nephritis	inflammation of the kidney	nefrite
nerve	one of the groups of fibres in one's body that carry messages between the brain and the rest of the body, communicating pain, pressure, feelings of heat and cold etc:	nervo

nervous	feeling excited and worried, or slightly afraid	agitato
nervous breakdown	a mental condition in which you are so upset or unhappy that you cannot look after yourself	esaurimento nervoso
neurological examination	an examination of the nervous system	esame neurologico
new-born	recently born	neonato
nil by mouth	British: used as a sign on the bed of someone in hospital meaning that they should not eat or drink anything	divieto di assumere sostanze solide o liquide per via orale
nipple	a small round raised area of dark flesh on a woman's breast or on a man's chest	capezzolo
normal saline	a salt solution which has Na Cl at the same concentration as the blood	soluzione salina normale
nose	the part of your face above your mouth that you use for smelling and breathing	naso
nourishment	food or the substances in food that are necessary for life, growth, and health	nutrimento
nulliparous	never having given birth	nullipara
numbness	the condition of not being able to feel in a part of one's body	insensibilità/intorpidimento
nurse	someone who is trained to look after ill or injured people, usually in a hospital	infermiere
nursing	the job or skills of a nurse, or the professional training that nurses receive	professione infermieristica
nursing home	an institution where old people live when they are too old or ill to look after themselves without help	residenza assistita per anziani
nutrient	a substance in food that plants, animals, and people need to live and grow	nutriente
nutrition	1. food considered as something that keeps you healthy: adequate/poor nutrition 2. the science of food and its effect on health and growth	1. nutrimento. 2 scienza dell'alimentazione
obese	too fat, in a way that is dangerous for your health	obeso
objective	based only on facts and not influenced by personal feelings or beliefs	obiettivo

obsession	an emotional state in which someone or something is so important to you that you are always thinking about them, in a way that seems extreme to other people	ossessione
obstetrics	the part of medicine that deals with pregnant women and childbirth	ostetricia
obstruction	something that blocks a path or a passage	ostruzione
occasional	happening sometimes, but not frequently or regularly	occasionale
occiput	back of the head	occipite
occlusion	closing	occlusione
occupation	a job. This word is used especially on forms and in formal writing: <i>Please give your name, address, and occupation</i>	occupazione
occur	to happen, especially unexpectedly	accadere
occurrence	something that happens, especially something unexpected and unpleasant	occorrenza
ocular	relating to the eyes	oculare
odour	a smell, especially one that is unpleasant	odore
oesophagus	the gullet	esofago
of long duration	a long period of time during which something continues to happen or exist	di lunga durata
of short duration	a short period of time during which something continues to happen or exist	di breve durata
off sick	if you are off sick or you take time off sick, you do not go to work because you are ill	congedo per malattia
ointment	a thick smooth substance that you put on sore or injured skin	pomata
operate	to cut into part of someone's body for medical reasons	operare (in sala operatoria)
operate on somebody for something	to cut into part of someone's body for medical reasons in order to remove something	operare (in sala operatoria) qualcuno per qualcosa
operating table	a table that someone lies on while doctors operate on them	tavolo operatorio
operating theatre	a room in a hospital where doctors perform medical operations	sala operatoria
operation	the process of cutting into someone's body for medical reasons	operazione
operative treatment	surgical treatment	intervento chirurgico

ophorectomy	removal of an ovary	oforectomia
ophthalmic	relating to the eyes and illnesses of the eyes	oftalmico
optic	relating to the eyes	ottico (relativo agli occhi)
optician	1.British: someone whose job is to test people's sight and make and sell glasses. The shop they work in is also called an optician or an optician's. 2.American: someone whose job is to make and sell glasses for people's eyes	ottico (professione)
oral	connected with the mouth	orale
oral cavity	a space in one's mouth	cavità orale
oral contraceptive	a pill that a woman takes every day to prevent herself from becoming pregnant. It is usually called the pill and is a form of birth control	contraccettivo orale
oral hygiene	a nursing procedure to maintain healthy oral comfort and hygiene	igiene orale
oral temperature	body temperature measured in one's mouth cavity	temperatura orale
orderly	someone with no special medical training who works in a hospital, doing jobs such as moving people around and cleaning	ausiliario sanitario
organ	a part of your body that does a specific job, such as your heart or brain	organo
organic chemistry	the scientific study of chemical compounds based on carbon	chimica organica
organism	a living thing such as a person, animal, or plant, especially an extremely small living thing	organismo
osseous	of bone	osseo
osteoarthritis	a serious medical condition that affects the parts of your body where bones join each other, for example knees, making it difficult to move	osteoartite
osteomyelitis	infection of bone marrow or bone structures, usually caused by a bacterium that produces pus	osteomielite
osteopath	someone who is trained to practise osteopathy	osteopata
osteopathy	a treatment for medical conditions such as back pain or muscle injury that involves pressure and movement of the muscles and bones	osteopatia

osteoporosis	a medical condition in which bones become more likely to break. It often affects older people, especially women: brittle-bone disease	osteoporosi
otitis	inflammation of the ear	otite
otosclerosis	progressive deafness	otosclerosi
outer ear	the part of your ear that you can see	orecchio esterno
out-patient	someone who receives medical treatment at a hospital, but does not stay there for the night	paziente ricoverato in day hospital
out-patient clinic	a place where people go to receive a particular type of medical treatment or advice	ambulatorio
ovary	one of the two organs in a woman's body that produce eggs	ovaia
overall	British: a light coat worn over your clothes to protect them when you are working	camice
overnourished	too fat	obeso
overshoes	shoes that fit over an ordinary shoe and are worn during and operation	sovrascarpe
overweight	heavier than you should be	sovrappeso
oxygen	a gas present in normal air and used in the care of patients with respiratory problems	ossigeno
pacemaker	a small piece of electronic equipment connected to someone's heart to help the muscles move regularly	pacemaker
pad	a thick piece of cloth or other material used for preventing liquid from spreading	tampone
paediatrician	a doctor who deals with children and the medical treatment of their illnesses	pediatra
pain	a feeling that you have in a part of your body when you are hurt or become ill	dolore
painful	if part of your body is painful, you feel pain there	doloroso
painkiller	a medicine that reduces pain	antidolorifico
palate	the inside upper part of one's mouth. The front, harder part is the hard palate, and the back, softer part is the soft palate	palato
pale	a pale person has skin that is lighter than usual because they are ill, shocked, or worried	pallido

palliative	reducing the pain or other bad effects of an illness but not curing it completely	palliativo
pallid (about skin)	someone who is pallid has very pale skin because they are ill or worried	pallido
palm	the inside part of one's hand, between the fingers and the wrist	palmo
palpate	to examine a part of the body by pressing your fingers on it	palpare
palpation	examining a part of the body by pressing your fingers on it	palpazione
palpitation	the movements of your heart when it beats faster than usual	palpitazione
pancreas	the small organ in your body that produces substances that help your stomach to process food	pancreas
pancreatitis	inflammation of the pancreas	pancreatite
paraesthesia	tingling sensation in a part of the body caused by blood flowing again after its circulation has been checked for a time; pins and needles <i>inf</i>	parestesia
paralysis	the loss of the ability to move your body or a part of it, usually because of an injury or illness	paralisi
paramedic	someone who is trained to give medical treatment to people at the place where an accident has happened	paramedico
paramedical staff	helping doctors and nurses to provide medical treatment	personale paramedico
paranoia	a mental illness that makes people believe that other people do not like them and want to harm them	paranoia
parasite	a plant or animal that lives in or on another type of animal or human and feeds on it	parassita
parenteral	not by mouth	parenterale
Parkinson's disease	a serious illness that affects one's nerves and makes one shake and move slowly. It mainly affects older people. Parkinson's disease is often simply called Parkinson's	morbo di Parkinson
particular	used for emphasizing that you are talking about one specific person or thing and not anyone or anything else	in particolare
particulars	information and details about someone or something	informazioni/dettagli
pass water	to make liquid waste leave one's bladder <i>inf</i>	urinare

passage	a tube in one's body for air or liquid to pass along or pass through	canale
past history	the details of someone's past illnesses or problems that are kept as a record for use by doctors or social workers	anamnesi
pathogen	something that causes disease	patogeno
pathology	the study of the causes of diseases and how they affect people, the way that a particular disease develops in someone	patologia
patient	someone who is receiving medical treatment	paziente
peeling (about skin)	if something peels, small pieces of it or of something covering it start to become separated from it	che si esfolia/squama (rif. alla pelle)
pelvic	relating to the pelvis	pelvico
pelvis	the large circular bones that support the lower part of the back and are connected to the bones of the legs	bacino/pelvi
penis	a man's main sex organ	pene
perforation	the process by which illness or injury causes a small hole or cut in an organ or tube inside your body	perforazione
perform an operation	complete a surgery	eseguire un'operazione chirurgica
period	the time about once a month when a woman who is not pregnant menstruates (=loses blood)	periodo (mestruale)
period pains	abdominal pain associated with menstrual cycle in the female	dolori mestruali
peritonitis	a serious illness in which the part covering your stomach becomes infected and swollen	peritonite
permanent	happening or existing for a long time or for all time in the future	permanente
peroral	by mouth	per via orale/ perorale
persistent (about pain)	continuing to exist, especially for longer than you would like	persistente (dolore)
personal hygiene	an individual's capacity to maintain bodily cleanliness	igiene personale
perspiration	see: sweating	perspirazione
pharmacist	someone whose job is to prepare medicines for sale in a shop or in a hospital.	farmacista
pharmacokinetic	action of drugs in the body	farmacocinetica
pharmacology	the scientific study of medicines and drugs used for treating medical conditions	farmacologia

pharynx	the top of your throat	faringe
phlegm	a thick yellow or green substance that you get in your nose and throat, especially when you have a cold	muco/flemma
phobia	a very strong feeling of disliking or being afraid of someone or something	fobia
photophobia	an intense dislike of light	fotofobia
physics	paraesthesia	fisica
physiology	the science that deals with the way that the bodies of living things operate, the way that the body of a particular living thing operates	fisiologia
piles	haemorrhoids	emorroidi
pill	a small piece of solid medicine that you swallow with water	pillola
pillow	a soft object on which you rest your head in bed	cuscinò
pins and needles	the slightly painful feeling that you get in a part of your body when you move it after it has been in an uncomfortable position for a long time <i>inf</i> ; see:paraesthesia	formicolio
placebo	a substance that is not medicine but may help relieve condition because the patient has faith in its powers	placebo
placenta	the organ through which a baby is connected to its mother's blood supply in her womb before birth	placenta
planning	the nursing activity of producing individual careplans following nursing assesment	pianificazione
plasma	the yellowish liquid that is part of blood	plasma
plaster	a thin piece of cloth or plastic that is sticky on one side, and that you put on your skin to cover a cut	cerotto
plaster, in	if a part of someone's body is in plaster, it has a hard cover around it to protect a broken bone	ingessatura
pleurisy	a serious illness that affects your lungs, making it difficult for you to breathe	pleurite
pneumonia	a serious illness affecting your lungs that makes it difficult for you to breathe	polmonite
poison	a substance that can kill you or make you ill if you eat, drink, or breathe it	veleno
poisoning	an occasion when someone is affected by poison	avvelenamento

polio	a serious infectious disease that mostly affects children. It destroys muscle and can cause paralysis (=lack of movement in your arms and legs). Polio is a short form of the more technical word poliomyelitis	poliomelite
polyclinic	a clinic or hospital for the treatment of various kinds of diseases	policlinico
pore	one of the very small holes in your skin that sweat can pass through	poro
post operative	after surgery	post operatorio
post-anaesthetic	after anaesthesia	post anestesia
posterior	1.bottom 2.relating to the back part of something, especially the back part of your body	posteriore
postnatal	referring to the period of time after the birth of a baby	postnatale
post-operative	done or happening after a medical operation	post operatorio
pound	1 a unit of money used in the UK and several other countries. Its symbol is £. 1a. a coin or banknote worth one pound 2 a unit for measuring weight, used in several countries including the US and the UK, containing 16 OUNCES and equal to 0.454 kilograms. Its written abbreviation is lb	1. sterlina (£) 2.libra unità di misura (lb) pari a 0,454 kg
practice	occasions when you do something in order to become better at it, or the time you spend doing this	pratica
pre operative	before surgery	preoperatorio
prebirth	prenatal; relating to the period of time when a woman is pregnant	prenatale
pregnancy	if a woman is pregnant, she has a baby developing inside her body	gravidanza
preliminary	coming before the main or most important part of something	preliminare
premature	a premature baby is born before it should be	prematuro
premenstrual	happening in the days before a woman's monthly period	premenstruale
prenatal	relating to the period of time when a woman is pregnant	prenatale
preparation	a mixture that has been made especially for use as a medicine, food, or treatment for your skin	preparato
prescribe	if a doctor prescribes a drug or treatment, they say you should have it	prescrivere

prescription	a piece of paper that a doctor gives you that says what type of medicine you need	ricetta medica
presentation	the part of the fetus which is closest to the birth canal and can be felt on inserting the finger into the vagina	presentazione
pressure	the amount of force that a gas or liquid produces in an area or container	pressione
probe	1.to examine part of someone's body by pressing a probe into it; 2.a long thin medical instrument used for examining things inside your body	1. esaminare tramite una sonda 2.sonda
procedure	a way of doing something, especially the correct or usual way	procedura
proctitis	inflammation of the rectum	proctite
produce	used about things that are made by a natural process	produrre
productive cough	a cough that produces sputum	tosse produttiva
prognosis	a doctor's opinion about the way in which a disease or illness is likely to develop	prognosi
progressive blindness	glaucoma	glaucoma
progressive deafness	otosclerosis	sordità progressiva
proper	suitable for the purpose or situation	adatto
prostaglandin	fatty acid	prostaglandina
prostate	the organ in a man's body that produces a liquid that combines with and carries sperm	prostata
protein test	an examination of protein	esame delle proteine
puberty	the period in life when a child changes physically into an adult and is able to have children	pubertà
puffy	a part of your body that is puffy is slightly swollen	gonfio
pulmonary	relating to or affecting your lungs	polmonare
pulmonary embolus	a clot which has become lodged in the lung	embolo polmonare
pulmonary tuberculosis	tuberculosis affecting your lungs	tubercolosi polmonare
pulse	the regular movement of blood as the heart pumps it round the body	pulsazioni
pulse rate	the number of heart movements as it pumps it round the body that you can feel in a minute	numero pulsazioni
pump	to make liquid or gas move into or out of something, especially by using a pump	pompare

puncture	a small hole made with a sharp point, for example in a person's skin during an operation	puntura
pupils	the circular opening in the center of the eye	pupille
purgative	a food or drug that has the power to cleanse the bowels	purgativo
pus	a thick yellow liquid that forms in flesh that has an infection	pus
put on	to cover a part of your body with a piece of clothing so that you are wearing it	indossare
put on weight	become fatter	ingrassare
put somebody on a diet	to assign somebody a diet	prescrivere una dieta a qualcuno
pyelitis	inflammation of kidney pelvis	pielite
pyjamas	comfortable trousers and a shirt that you wear in bed	pigiama
quartz lamp	a piece of equipment that produces light and heat, used in medical treatment and scientific research	lampada al quarzo
question	to ask someone questions formally or officially	fare domande
quinsy	inflammation of the throat	angina
radial pulse	the pulse felt at the radial artery	pulsazione radiale
radiating pain	if pain radiates from a central point, it spreads out from it	dolore radiale
radical treatment	vigorous treatment that aims at the complete cure of a disease rather than the mere relief of symptoms	trattamento radicale
radius	one of the bones in the lower arm	radio
rale	an abnormal sound, as rattling or bubbling, accompanying the normal sound of breathing, and usually indicating a diseased condition of the lungs or bronchi	rantolo
rash	an area of small red spots on one's skin, caused by an illness or an allergic reaction to something one has touched, eaten etc	esantema (eruzione cutanea)
rate (about pulse)	the number of times something happens, or the number of examples of something within a particular period of time	frequenza (delle pulsazioni)
razor blade	a thin flat blade with a very sharp edge, used in a razor	lama da rasoio
reanimate	also: resuscitate; revive	rianimare
receive treatment	to have a particular type of treatment	sottoporsi ad un trattamento

reception (ward)	the part of the hospital building where there is someone whose job is to welcome patients and visitors, deal with questions etc	reparto accettazione
receptionist	someone who works in reception	addetto alla reception
recipient	someone who receives something from a donor, such as a blood transfusion or a kidney transplant	ricevente (da un altro soggetto donatore)
record	to make a record of something that has happened, usually by writing it down	registrare/registrazione
recover	to become fit and healthy again after an illness or injury	guarire
recovery	the process of becoming fit and healthy again after an illness or injury	guarigione
rectal temperature	body temperature measured in one's rectum	temperatura rettale
rectum	the lowest part of the tube through which solid waste leaves the body	retto
recuperate	to get better after being ill or injured	recuperare
recurrent	happening or appearing again, especially several times	ricorrente
red count	the number of red blood cells in a given volume of blood	conteggio del numero dei globuli rossi
reflux	return flow	riflusso
refuse-pail	a container for putting rubbish in	pattumiera
regain weight	to get back your weight	riacquistare peso
regimen	a programme of medical treatment, exercise, or special food for improving your health or appearance	regime
regular	arranged so that there is the same amount of time between events, or the same amount of space between objects	regolare
to keep regular hours	to observe regimen	osservare orari regolari
regurgitation	to bring food up from your stomach back into your mouth	rigurgito
rehabilitation	bring back somebody who is physically disabled to a normal life by special treatment	riabilitazione
relapse	becoming ill again after you had been getting better	ricaduta
relaxation	the process of making your body less tight and your mind less worried	rilassamento
relieve	to make pain or another bad physical feeling less unpleasant	sollievo/alleviare il dolore fisico e psicologico
remedy	a cure for pain or a minor illness	rimedio

removal of any body part	the process of resection of a body part	rimozione di una parte del corpo
removal of waste	excretion	escrezione
remove	to move from a place or position; take away or off	spostare/rimuovere
renal	relating to the kidneys	renale
renal insufficiency	a medical condition in which one's kidneys do not work as they should	insufficienza renale
repair	to fix something that is broken or damaged	riparare
resection	removal of any body part	resezione
respiration	the process of breathing air in and out	respirazione
respiratory	relating to the process of breathing air in and out	respiratorio
respiratory distress	great difficulty to breathe	difficoltà respiratoria
rest	a period of time you spend relaxing or sleeping after doing something tiring	riposo
restlessness	the state of being not willing or able to keep still because you are nervous	inquietudine/irrequietezza
restore	to cause a particular situation to exist again, especially a positive one	ripristinare
resuscitation	bringing back to life one who is apparently dead	rianimazione
retention	inability to pass urine	ritenzione idrica
retina	the part at the back of your eye that sends light signals to the brain, where they are changed into image	retina
retraction	moving backwards	ritrazione
reveal	1. to let something become known, for example a secret or information that was previously not known; 2. to show something that was covered or hidden	rivelare
revive	to make someone become conscious or alive again	rianimare
Rh factor	a substance found in red blood cells. Most people are Rhesus positive (=they have the Rhesus factor) and cannot share blood with people who are Rhesus negative (=who do not have the Rhesus factor)	fattore rh
rheumatism	an illness affecting joints or muscles so that they swell and become stiff and painful	reumatismo
rheumatoid arthritis	a serious illness that permanently damages joints by making them swell and become stiff and painful	artrite reumatoide
rhinitis	also: cold in the head <i>inf;</i> hay fever	rinite
rib	one of the long curved bones that are in the chest	costola

rigid	stiff, hard, and difficult to bend or move	rigido
roentgenogram	a photograph taken with x-rays	radiogramma/radiografia
root	the anchor of a tooth that extends into the bone of the jaw	radice
round	a series of visits to patients made as part of a medical worker's job	giro di visite
rubber	a strong substance that can bend easily and is used for making things such as tyres and boots	gomma
rubella	an infectious disease that causes red spots on the skin. Rubella is a minor illness in children and adults, but can cause serious physical damage to babies before they are born: german measles	rosolia
running sore	a painful infected part of your body that has pus coming out of it	ferita purulenta
runny nose, he/she has	a runny nose has liquid coming out of it	naso che cola
rupture	an injury in which one of the organs in the body sticks out through the muscle surrounding it: hernia	ernia
salivary	relating to saliva	salivare
salivary gland	any of the organs that produce the saliva in the mouth	ghiandola salivare
salivate	to produce more than the usual amount of saliva, especially because you see or smell food	salivare/sbavare
sallow skin	sallow skin is a pale yellow colour and does not look healthy	pelle color giallognolo
sanitary	1 relating to people's health, especially to the system of supplying water and dealing with human waste 2 a sanitary process or method is one that keeps things healthy and clean, especially by killing bacteria	sanitario
sanitary pad	a thick band of soft material that women put inside their underwear during menstruation	assorbente
scabies	a disease in which one's skin becomes very itchy	scabbia
scald	to burn one's skin with very hot liquid or steam	scottare/scottatura
scalp	the skin under the hair on one's head	cuoio capelluto
scalpel	a small sharp knife used by a doctor for doing an operation	bisturi
scaly skin	scaly skin is so dry that small pieces of it fall off	pelle squamosa
scan	ecography	ecografia

scapula	one of the two bones on the sides of the upper back: shoulder blade	scapola
scar	a permanent mark on your skin where you have been injured	cicatrice
scarlatina	scarlet fever, a disease mainly affecting children that causes a fever, sore throat, and red spots on the skin	scarlattina
scarlet fever	scarlatina - a disease mainly affecting children that causes a fever, sore throat, and red spots on the skin	scarlattina
sciatica	severe pain in your lower back, or the back of the top of your legs, caused by pressure on a nerve	sciatica
scissors	a tool for cutting paper, consisting of two blades joined in a cross that you open and shut like jaw	forbici
sclerosis	hardening of tissue, usually due to scarring after inflammation or to ageing	sclerosi
scrub	a thorough wash or clean	strofinare
seborrhoea	oily skin	seborrea
secretion	a substance produced by a plant or animal, or the production of a substance	secrezione
sedative	a drug that makes someone calmer, or makes them sleep	sedativo
sedentary job/way of life	involving a lot of sitting and not much exercise	stile di vita o lavoro sedentario
see	to be able to use your eyes to notice and recognize things	vedere
see a doctor	to meet or visit a doctor by arrangement	farsi visitare da un dottore
send	to arrange for someone to go to a place (to do a job)	mandare
senility	someone who is senile is confused, forgets things, or behaves in a strange way, because they are old	senilità
sensation	a physical feeling	sensazione
sense	one of the natural abilities that most people have to see, hear, smell, taste, and feel things, known as the five senses	senso (come percezione)
sense organ	a part of your body that you use to see, hear, smell, taste, or feel something	organo sensoriale
serious	1. bad or dangerous enough to make you worried; 2 .important and deserving attention	serio

set (about bones)	to put the two ends of a broken bone back into the correct position so that they can grow into one piece again	ridurre (le fratture)
set in	if something unpleasant sets in, it starts to happen and have an effect, and is not likely to stop for a long time	instaurare
set of teeth	dentition	dentatura
severe	acute	severo
severe pain	a severe pain, injury, or illness is serious and unpleasant	dolore acuto
sex	males or females considered as separate groups	Sesso
sexually transmitted	venereal	trasmesso sessualmente
shake	if you shake, your body makes lots of small quick movements that you cannot control, usually because you are cold, or you are feeling a very strong emotion	agitare
sharp pain	a sharp pain is sudden and severe	dolore acuto
sheet	a large piece of thin cloth that you put on your bed and use for lying on or covering your body when you sleep	lenzuolo
shin	the lower front part of your leg, between your knee and your ankle	cresta tibiale; faccia anteriore della gamba
shinbone	the bone in the lower front part of your leg, between your knee and your ankle	tibia
shock	a medical condition in which you suddenly become very weak and cold and do not react normally, especially after a serious accident or injury	shock
short	not long enough or tall enough	corto
short of breath	finding it difficult to breathe	senza fiato
short spell of indisposition	being unwell for a short period of time	breve periodo di malessere
short-sighted	British: not able to see things clearly if they are far away from you	miope
shoulder	one of the two parts of your body between your neck and the top of your arms	spalla
shoulder-blade	either of two flat, triangular bones in the back of the shoulders	scapola
shunt	bypass	derivazione, deviazione
sick	1 if you are sick, food you have eaten suddenly comes out of your stomach through your mouth; 2.mainly American: if you are sick, you do not feel well	malato

sick note	a note from a doctor or parent saying that you did not come to work or school because you were ill	certificato di malattia
sickly	someone who is sickly is generally not healthy and is often ill	indisposto/malaticcio
sickness	1.a condition in which you have an illness; 2.a feeling that you are going to bring up food from your stomach	malattia
sickness benefit	money that the government gives to someone who cannot work because they are ill	indennità di malattia
sick-room	a room where someone who is ill rests or gets medical treatment	infermeria (non all'interno di una struttura sanitaria)
side-effect	an effect of a medicine that is not intended and could be unpleasant	effetto collaterale
sign	a piece of evidence that something is happening or that something exists	segno
simple	not involving anything else or not complicated by anything else	semplice
sink	a large open container for water, usually fixed to a wall and connected to pipes that bring the water and carry it away	lavandino
sinus	one of several empty spaces in the bones of one's face in the area behind the nose	seni, cavità
size	how large or small something is	misura
skeleton	the set of bones that supports a human or animal body, or a model of this	scheletro
skin	the outer layer of a person's or animal's body	pelle
skull	the bones of the head	cranio
slide	a small thin piece of glass on which you put something that you want to look at using a microscope	vetrino portaoggetti
slight pain	small pain	dolore lieve
slippers	soft comfortable shoes that you wear indoors	pantofole
slow	not fast	lento
smell	to notice or recognize the smell of something	odorare
smooth	completely even with no rough areas or lumps	liscio
sneeze	to loudly blow air out of your nose in a sudden uncontrolled way	starnutire

soft palate	the inside upper part of one's mouth. The front, harder part is the hard palate, and the back, softer part is the soft palate	palato molle
sole	the flat bottom part of your foot	pianta del piede
somnambulist	someone who walks while they are sleeping. A less formal word is sleepwalker	sonnambulo
somnolent	feeling ready to sleep	sonnolento
soothing	making you feel more calm and more relaxed and less nervous, worried, or upset	calmante
sore	1.painful and uncomfortable, usually as a result of an injury, infection, or too much exercise; 2.a small painful area of skin that is injured or infected	1. dolente 2. ulcera, ferita
sound	something you can hear	suono
sour	with a taste like a lemon	aspro
spatula	British: a small stick used by doctors to hold the patient's tongue down so that they can examine his/her throat	spatola
speech defect	difficulty with the ability to speak	difficoltà nel parlare
speech impaired	permanently unable to speak	muto
sphygmomanometer	an instrument for measuring arterial blood pressure, consisting of inflatable band wrapped around the upper arm to compress the artery and an attached manometer	sfigmomanometro
sphygmometer	an instrument for measuring the force and rate of the pulse	sfigmografo
spine	the row of bones down the middle of one's back: backbone, spinal column	colonna vertebrale
spirillum	any of a genus of bacteria having a form of a spiral thread and characterized by flagella	spirillum
spirit	alcohol used by doctors for making things very clean	spirito
spleen	the organ in your body that helps control your blood supply	milza
splenic	pertaining to spleen	splenico
splint	a piece of metal, plastic, or wood that is put next to a broken bone to hold it in place while it gets better to put a splint on a part of someone's body	stecca;apparecchio di protesi ortopedica
splitting pain	a very bad pain	dolore lancinante

sponge	a piece of a soft artificial or natural substance that is used for sucking up liquid, for cleaning things, or for washing yourself	spugna
sprain	a painful injury that you get when you suddenly stretch or turn a joint too much	distorsione
spray	a liquid product in a container that you use by pushing a button so that the liquid is forced out into the air	spray
spread	if a disease spreads, or if something spreads it, it affects a lot of people as it is passed from one person to another	diffondere
sputum	a thick unpleasant substance that is produced in your throat and lungs when you have an infection	sputo
squint	a medical condition in which a person's eyes seem to be looking in different directions, caused by weak muscles	strabismo
stabbing pain	a sudden, very strong pain	dolore lancinante
stable	not changing frequently and not likely to suddenly become worse	stabile
staff	the people within an organization who do a particular type of work	staff
stage	(in oncology) classification of a primary tumour by its size and the presence and site of the metastases	stadio
stand	an object or a piece of furniture used for holding, supporting, or storing something	sostegno
state	the physical or mental condition of someone at a particular time, usually when this is bad in some way	stato
stature	someone's height	statura
sterilize	1 to kill all the bacteria on or in something and make it completely clean, for example by heating it to a very high temperature; 2 to perform an operation on someone to make them unable to produce children	sterilizare
sternum	the breastbone	sterno
stimulate	to make plants, cells, or a part of someone's body grow or become more active	stimolare
stomach	the organ inside this part of your body where food goes when you have eaten it	stomaco

stomach, on an empty	if you do something on an empty stomach, you do it without eating anything before	a stomaco vuoto
stomachache	pain in your stomach	mal di stomaco
stone	British: a unit for measuring weight containing 14 pounds, equal to 6.35 kilograms. This is used especially when talking about someone's weight	1. unità di misura pari a 16 lbs e a 6,35 kg 2. calcolo
stool	a piece of solid waste from someone's body	fece
stool specimen	a specimen of faecal material	campione di feci
stout	slightly fat. This word is less rude than 'fat'	robusto
strain	an injury caused by twisting or stretching a muscle too much	strappo muscolare
street accident	a crash involving a car or other vehicle, which results in damage, injury or death	incidente stradale
stretch	to make your arms, legs, or body as straight as possible so that your muscles become long and tight	stirare/allungare gli arti
stretch mark	a white line that can appear on someone's skin after they have lost a lot of weight or had a baby	smagliatura
stretcher	a type of bed used for carrying someone who is injured, ill, or dead	barella
stretcher-bearer	one of the people who carries a stretcher	portantino
stroke	a medical condition in which blood is suddenly blocked and cannot reach the brain, or in which a blood vessel in the brain breaks, often causing a loss of the ability to speak or to move particular muscles	ictus
stupor	the condition of being unable to think or act normally because you are not completely conscious	stupore
subclinical	mild	subclinico
subcutaneous	under the skin	sottocutaneo
subcutaneous tissue	fatty tissue located under the dermis	tessuto sottocutaneo
subjective	used about a person's feelings and thoughts that no one else can know directly or completely	soggettivo
substance	a particular type of liquid, solid, or gas	sostanza
suck	to pull liquid into your mouth by using the muscles in your cheeks and tongue	succhiare
suffer from a disease	to have a particular illness or physical problem	soffrire per una malattia

suffocate	1.to die because you cannot breathe, or to kill someone in this way; 2.to feel very uncomfortable because there is not much fresh air to breathe	soffocare
sunken (about eyes, cheeks)	sunken eyes or cheeks curve inwards, often showing that someone is ill or old	incavato (di occhi e guance)
superficial	affecting or involving only the surface or outside part of something	superficiale
superior	situated uppermost in the body in relation to another structure or surface	superiore
supplement	a pill or special food that you take or eat when your food does not contain everything that you need	integratore
supply	an amount or quantity of something that is available to use	fornitura
support	1. to help someone and be kind to them when they are having a difficult time; 2. to hold the weight of someone or of something such as a building or structure so that they do not move or fall	1. sostenere 2. reggere
suppository	a drug prepared in solid form which can be introduced into the rectum or vagina	supposta
surgeon	a doctor who is trained to perform operations involving cutting, usually in a hospital	chirurgo
surgery	1.medical treatment in which a doctor cuts open someone's body; 2.a place where people can visit a doctor or a dentist. American office; 3.a room in a hospital where doctors do surgery	1. operazione chirurgica 2. studio medico o dentistico (amer.) 3 . Sala chirurgica
surgical	connected with medical operations or used for medical operations	chirurgico
surgical needle	a small, slender, curved piece of steel with a sharp point at one end and a hole for a thread at the other, used for surgical sutures	ago chirurgico
suture	the stitch or stitches used for closing the edges of a cut	sutura
swab	1 a small piece of cotton or another soft substance used for cleaning injuries 2 a short narrow stick with a piece of cotton on the end, often used by doctors or nurses	1 tampone 2 bastoncino cotonato

swallow	to make food or drink go from your mouth down through your throat and into your stomach	inghiottire
sweat	liquid that forms on your skin when you are hot	sudore
sweating	see: perspiration	sudare
sweet	tasting like sugar	dolce
swelling	an area of your body that has increased in size as a result of an injury or illness	protuberanza, rigonfiamento
swollen glands	parotitis	ghiandole gonfie (nella parotite)
symptom	a sign that someone has an illness	sintomo
syncope	fainting	sincope
syringe	a needle fitted to a plastic tube, used for taking blood from your body or for putting medicine or drugs into it	siringa
system	a set of organs, tubes etc in your body that work together	sistema
tachycardia	running heart	tachicardia
take care (of)	to do the necessary things for someone who needs help or protection	prendersi cura (di)
take somebody or something to	to move something or someone from one place to another	portare qualcuno o qualcosa da qualche parte
take.the temperature	to measure one's temperature	misurare la temperatura
tall	a tall person or object has greater height than the average person or object	alto
taste	1.to have a particular flavour; 2.to put a small amount of something in your mouth to see what type of flavour it has	1.sapore. 2. assaggiare
teaching and research hospital	a hospital where students who are learning to be doctors are trained	ospedale dove si fanno ricerca e formazione
tear	a drop of liquid that comes from your eye when you cry	lacrima
technician	someone with technical training whose job involves using special equipment or machines: a laboratory/dental technician	tecnico
teenager	a young person between the ages of 13 and 19	giovane (fra i 13 e 19 anni)
temperature	the measurement of how hot your body is	temperatura
temperature chart	a graph showing information how high the patient's temperature is	grafico della temperatura del paziente

temples	the flat areas on either side of your forehead next to your eyes	tempie
tenacious	thick (about fluid)	tenace, denso (di fluidi)
tense	1. feeling nervous and not relaxed, usually because you are worried about what is going to happen; 2. pulled or stretched tight (about muscles)	teso
test	1. to examine someone's body to check that it is in good condition, or to find out if they have a particular illness; 2. examination	1. esaminare 2. prova, esame
testicle	one of two round male sex organs that hang in a bag of skin behind the penis	testicolo
test-tube	a long thin glass container that is open at one end and is used in laboratories	provetta
tetanus	an illness in which your jaw and neck become stiff, caused by bacteria that enter a cut in your skin	tetano
therapy	a form of treatment for an illness or medical condition	terapia
thermometer	a piece of equipment that measures temperature	termometro
thigh	the top part of your leg, above your knee	coscia
thin	someone who is thin has very little fat on their body	magro
thoracic	relating to or affecting the thorax	toracico
thorax	the part of your body between your neck and your waist	torace
throat	the area at the back of your mouth and inside your neck	gola
throbbing pain	if a painful part of your body throbs, the pain comes and goes again and again in a regular pattern	dolore pulsante
thrombus	blood clot	trombo coagulo di sangue
thumb	the part at the side of your hand that is like a wide finger	pollice
thyroid gland	an organ in your neck that produces substances that your body needs in order to control your behaviour and the way your body grows	ghiandola tiroide
tibia	the bone at the front of your lower leg, between your knee and your ankle. A more usual word is shinbone	tibia
tic	a sudden movement of a muscle that you cannot control, especially a muscle in your face	tic
tincture	a medicine made by mixing a small amount of a drug with alcohol	tintura (miscuglio tra alcol e medicinale)

tissue	1. the substance that animal and plant cells are made of: muscle/nerve/sar tissue; 2.a piece of soft thin paper used especially for wiping your nose:	1.tessuto 2. fazzolettino di carta
toe	one of the five individual parts at the end of your foot. Your big toe is the largest, and your little toe is the smallest	dito del piede
toenail	the hard part over the top of a toe	unghia del dito del piede
tone	the firmness or healthy quality of your body, muscles, or skin	tono
tongue	the long soft piece of flesh fixed to the bottom of your mouth that you use for tasting, speaking etc	lingua
tonsil	one of the two small pieces of flesh on each side of your throat at the back of your mouth	tonsilla
tonsillitis	an illness in which your tonsils become infected and swollen	tonsillite
tooth	any of the hard white objects inside your mouth that you use for biting and for chewing food	dente
toothache	a pain in the tooth or gum	mal di denti
top of the head	the upper part of one's head	parte superiore della testa
torso	the upper part of your body, not including your head or arms	tronco
touch	to put your hand or part of your body on someone or something	toccare
towel	a piece of material used for drying your hands or body, or for drying dishes	asciugamano
toxin	a poisonous substance that causes disease	tossina
trachea	the tube at the back of your throat that air travels down. A less technical word is windpipe	trachea
transfusion	a medical treatment in which blood from one person is put into another person's body	trasfusione
transplant	to take an organ from one person's body and put it into another person's body	trapianto
trauma	a serious injury	trauma
tray	a flat piece of plastic, metal, or wood with raised edges, used for carrying things such as plates or food	vassoio

treat	to use medicine or medical methods to cure an illness	trattare
treatment	the process of providing medical care	trattamento
trim	to cut (the edges of the wound) so that it looks tidy	tagliare a filo, rifilare
trolley	1. British: a bed with wheels used in hospitals	1. letto con ruote 2. carrello con ruote
trouble	2. a table with wheels used for serving food or drinks health problems affecting a part of your body	disturbo/problema
trunk	the part of your body between your waist and your head, not including your arms or head	tronco
tuberculosis	a serious infectious disease affecting your lungs	tubercolosi
tumour	also: growth <i>inf</i> a tool that you use for picking up or removing very small objects. It consists of two narrow pieces of metal joined at one end	tumore
tweezers	used about a sudden slight uncontrolled movement of your body	pinza atraumatica
twitch	middle ear	spasmo muscolare
tympana, tympanum	middle ear inflammation	timpano
tympanitis	a serious disease that you get from eating food or drinking water containing a type of harmful bacteria	otite media
typhoid fever	a serious disease that is spread by some small insects	febre tifoide
typhus	a sore area on the inside of an organ in your body or on your skin that sometimes bleeds or produces a poisonous substance	tifo
ulcer	inflammatory condition of the large bowel	ulcera
ulcerative colitis	the longer of the two bones that connect your wrist to your elbow	colite ulcerosa
ulna	in a condition similar to sleep in which you do not see, feel, or think, usually because you are injured	ulna
unconscious	to experience the process of providing medical care	privo di sensi
undergo (to u. treatment)	to experience the process of surgery	subire (un trattamento)
undergo an operation	thinner and lighter than normal, especially in a way that is unhealthy	sottoporsi a un'operazione
underweight	the process of becoming fit and healthy again after an illness or injury without anything unusual or exciting happening	sottopeso
uneventful recovery		guarigione senza complicanze

uniform (nurse's)	a set of clothes that you wear to show that you are part of a particular profession or organization	divisa (da infermiere)
unitdose	single dose	dose singola
upper	higher than something else, especially one of two things that are a pair	superiore
upper arm	an upper limb of the human body between the shoulder and the elbow	parte superiore del braccio
urethra	the tube that carries urine (=liquid waste) out of your body	uretra
urgency	the need to deal with something quickly	urgenza
urinalysis	an analysis of a urine sample	esame delle urine
urinary bladder	a part inside your body that is like a bag where urine collects before being passed from the body	vescica urinaria
urinate	to get rid of urine from your body	urinare
urine	liquid waste from a person's or animal's body	urina
utensil	something that you use for cooking or eating with	utensile
uterus	the organ in a woman's body where babies grow: womb	utero
vaccine	A vaccine is a medicine that makes you immune to a particular virus	vaccino
vagina	a woman's main sex organ, consisting of a tube that connects the outer sex organs to the womb	vagina
valve	the part of an organ or tube in your body that opens and closes to keep liquid flowing in the right direction	valvola
varicose vein	a medical condition in which the veins in your legs become swollen and sore	vene varicose
vascular	relating to veins	vascolare
vein	one of the tubes in your body that carry blood to your heart	vena
venereal disease	disease of sexual transmission	malattia venerea
ventilation	breathing	respirazione/ventilazione
ventricle	either of the two lower chambers of the heart which receive blood of the atria and pump it into the arteries	ventricolo
vertebra	one of the small bones that form a row down the centre of your back	vertebra
vertebral	pertaining to vertebra	vertebrale
vertebral column	the row of bones down the middle of your back	colonna vertebrale

vertigo	fear of heights	vertigini
vial	a small bottle for storing medicine	fiala
victim	someone who has been affected by a bad situation such as an accident or illness	vittima
violent pain	painful and difficult to control	dolore violento
viral	caused by or relating to a virus	virale
virus	a simple living thing that is smaller than a bacterium and can enter your body and make you ill	virus
vision	the ability to see	visione
visually impaired	blind, not able to see	non vedente
vomit	if you vomit, food comes up from your stomach and out through your mouth because you are ill. The usual British expression is be sick	vomitare
waist	the middle part of the human body that is usually narrower than the parts above and below	vita
ward	a large room in a hospital with beds for people to stay in	reparto
wart	a small hard lump that grows on your skin, for example on your neck or hand, and is caused by a virus	porro
washbasin	the container in a bathroom that holds water for washing your face and hands	lavandino
waste	substances that your body gets rid of when you go to the toilet	escrementi
waterworks	<i>inf</i> the system of tubes in a person's body through which urine (=waste liquid) passes	sistema urinario (inf.)
watery	aqueous	acquoso
weakness	the state or condition of being weak	debolezza
wear	to have something on your body as clothing, decoration, or protection	indossare
weight	how heavy a person or thing is	peso
well-built	a well-built person has a body that people admire because of its strength or beauty	ben fatto, con un bel corpo
wheel	to move someone in something that has wheels	spingere qualcuno (sulla sedia a rotelle)
wheel-chair	a chair with large wheels that someone who cannot walk uses for moving around	sedia a rotelle
white count	the number of white blood cells in a given volume of blood	conteggio leucocitario

whooping-cough	an infectious disease of children that causes them to cough and make a loud noise when they breathe	pertosse
wide eyes	pupillary dilation	pupille dilatate
wind	<i>inf</i> flatulence	flautolenza
windpipe	the tube through which air travels from the larynx to the lungs	trachea
womb	the organ in a woman's or female animal's body where a baby grows before it is born	utero
wrinkle	a line that appears on your skin when you get older, or when your skin has been damaged by the sun	ruga
wrist	the part of your body between your hand and your arm	polso
x-ray	1. a picture of the bones or organs inside someone's body taken using X-rays; 2. to take a picture of the inside of something using X-rays	1. radiografia. 2. fare una radiografia
x-ray apparatus	a machine used for taking x-ray pictures	macchine per fare radiografie